

SAN FRANCISCO CENTER FOR PSYCHOANALYSIS



WHAT'S IN THIS ISSUE

Click the links below to get to the desired page.

- [We Found a Newsletter Editor - 1](#)
- [Board Chair Report - 2](#)
- [Seeking Ombudspeople - 3](#)
- [Upcoming PED Events - 4](#)
- [CAPPTP Report - 5](#)
- [PAPPTP Report - 6](#)
- [Committee on Groups Corner - 7](#)
- [DEI Message - 11](#)
- [An Invitation to Share Your Story - 12](#)
- [Library Announcement - 13](#)
- [Annual Giving Campaign Update - 14](#)
- [Enrico Jones Tuition Fund - 15](#)
- [DEI Conversations Event - 16](#)
- [James Grotstein Lecture Series - 17](#)
- [SFPPTP Open House - 18](#)
- [Child Colloquia Event - 19](#)
- [CAPPTP Open House - 20](#)
- [Child Colloquia Event - 21](#)
- [Child PED Open House - 22](#)
- [Community Building Wine and Cheese - 23](#)
- [An Afternoon of Poetry and Art - 24](#)
- [Inter-Institute Event - WR Bion's Reading of CJ Jung's Memories, Dreams, and Reflections - 25](#)
- [Group Relations Weekend - 26](#)
- [Save the Date - PED Graduation - 27](#)
- [Members' Announcements - 28](#)
- [Ads and Other Events - 30](#)

WE HAVE A NEWSLETTER EDITOR!

We are very grateful to Mary McMillan for agreeing to step into the role of Newsletter editor! Mary has experience in journalism and enjoys creative writing endeavors. We are excited to work with her and looking forward to her guidance in bringing us in a new direction for how the newsletter will look and feel.

Board of Trustees Report

The Board of Trustees continues to fulfill its duties, including financial and strategic oversight and fundraising. Our Treasurer, Rui Bao, updates the Board (and the Finance Committee) monthly, and SFCP continues to be on track with our budget. The Annual Giving Campaign is slightly ahead of where it was last year at this time. Thank you for all who have contributed. We have raised \$56,100 to date toward our goal of \$130,000. As a reminder, contributions are used to cover expenses in our operating budget.

The Vision and Mission Writing Team presented the final statements to the Board at our most recent meeting and the Board will vote on them in March. The Board expressed their gratitude to the Writing Team for their dedication and hard work on the Vision and Mission statements. The Writing Team met twice a month for 9 months, gathered multiple rounds of feedback from the membership, thought through all member comments, and rewrote the statements multiple times to ensure they reflected members' input.

Other Board Updates:

- With the Board's approval, a Bylaws Task Force has begun to meet. The Task Force will start by reviewing our current Bylaws to identify areas that need to be updated or added. The Task Force will gather input from the membership throughout its process. If you are interested in joining the Task Force or have questions, please let me know.
- David Luna facilitated the Diversity, Equity, and Inclusion Module 1 at the December Board meeting, and the Board debriefed the experience at our January meeting.
- Amy Friedman and Marc Wallis resigned from the Board this month. We thank them for their service. Over her almost six years of Board membership, Amy created the Facilities Committee and has worked tirelessly and happily to improve our 444 Natoma home. She proactively dealt with new windows, improved HVAC, flooding, roof repairs, and multiple noise issues among other building needs. She will remain the Chair of the Facilities Committee through the end of this academic year and a facilities consultant beyond then. A big focus continues to be improving the sound system. Marc served as the Chair of the Nominating and Governance Committee for 18 months.

As always, please reach out to me with any questions or concerns. And thank you to everyone who continues to create the Center.

Best wishes,
Brett brett@brettpenfil.com

Seeking Ombudspeople

The Board Chair, Brett Penfil, continues to seek several SFCP members to serve as Ombudspeople. The Ombudspeople fill an immensely important role for the entire membership. Any member can reach out to one of the Ombudspeople at any time for confidential support about issues they are experiencing from being part of the SFCP community. In the past, SFCP has had one Ombudsperson – an analyst. Based on feedback during strategic planning and in other venues, the role will now be shared by at least one analyst, one candidate, and one community member. Each works separately to preserve members' confidentiality, and any member will be able to contact whichever Ombudsperson they would like to seek support from.

Please see the Ombuds job description at this link: https://docs.google.com/document/d/1tiSTRmVjbXIJ9-a4dTH3-2MkRi_XI-Q/edit?usp=sharing&ouid=111224448925018847587&rtpof=true&sd=true

Please contact Brett Penfil at brett@brettpenfil.com if you are interested in learning about this role.

While we are seeking Ombudspeople, if you would like to talk to someone, please contact either Marcia Hodges at marcia.hodges@sfc.org or Brett Penfil at 415-824-3242 or brett@brettpenfil.com, who will keep your request confidential and connect you to someone for help.

Upcoming PED Events

Several exciting events are coming up! Please join us in celebrating our graduates on May 10. Chuck Fisher will be the speaker, and the list of graduates is forthcoming!

Plus, don't miss An Afternoon of Poetry and Art, our Candidate Training Grant fundraiser - another great way to show your support for the candidates!

Visit the links below to view the flyers for more details:

- ✦ Graduation
- ✦ An Afternoon of Poetry and Art

I look forward to us coming together and making these events a success!

I hope to see you there!

The flyer is for an event titled "AN AFTERNOON OF POETRY AND ART" with speakers Forrest Hamer and Alice Jones. It is a special fundraising event for the Candidate Training Grants for Equity and Diversity Program. The event is titled "MUSING ON LISTENING" and features an interactive listening experience. The event is on Saturday, April 5, 2025, from 3:00-5:00 PM. It includes a silent auction of art donated by SFCP members. The flyer also includes contact information for Beth Steinberg and a QR code for more information.

SAN FRANCISCO CENTER FOR PSYCHOANALYSIS

AN AFTERNOON OF POETRY AND ART

WITH FORREST HAMER AND ALICE JONES

Please join us for a Special Fundraising Event for the Candidate Training Grants for Equity and Diversity Program

MUSING ON LISTENING

Forrest Hamer, PhD and Alice Jones, MD – distinguished poets and SFCP members – offer an event where they each speak for a few minutes about their writing on listening and on muses. They will then engage the group in an interactive listening experience which will involve observing and thinking about how we receive language, tone, music and presence of another. What is generated inside the analyst/listener/writer by way of response? How does the muse give rise to a creative impulse to respond? How do we take in another's being across differences of self and other, culture, race, age, gender etc. How do we make use of ourselves in response? We will then read some poems together, engaging in noticing how we listen, what we hear, and how we respond in feelings and in words. Together, we will engage as a group in the experience of sending and receiving (call and response) as a basis for how we respond to one another, and how a space can open between us and inside each of us. (1.5 CME/CE Credits pending)

Saturday, April 5, 2025
3:00-5:00 PM

Attend in Person or via Zoom
San Francisco Center for Psychoanalysis
444 Natoma Street, San Francisco

If you have art you would like to donate for the Silent Art Auction, please contact besteinberg@comcast.net

SILENT AUCTION!
BID ON ART
DONATED BY
SFCP MEMBERS!

For more information and to register, visit: www.sfcps.org/afternoon-of-poetry-and-art/

***ALL DONATIONS ARE TAX-DEDUCTIBLE AND WILL GO DIRECTLY TO THE CANDIDATE TRAINING GRANT FUND**

Child and Adolescent Psychoanalytic Psychotherapy Program Report

CAPPTP is excited to be opening up admissions for our 2025-2027 cohort of learners! As we continue to get feedback that opportunities are ever more rare for early career psychotherapists to learn how to do child and adolescent psychoanalytic psychotherapy, we are committed to maintaining and growing an effective learning space to expand our capacity to provide youth oriented training. For this reason the team will be maintaining a hybrid model to create more learning opportunities for local, national and international learners interested in working with youths. Please share our application materials with potential CAPPTP students you might know and through your networks!

Our two Open House events (one virtual, one in person) will be in late February and early March.

A dark blue poster with yellow and white text. At the top left is a white triangle icon. The text reads: 'CHILD AND ADOLESCENT PSYCHOANALYTIC PSYCHOTHERAPY TRAINING PROGRAM (CAPPTP)' in white. Below that, 'CAPPTP OPEN HOUSE' in large yellow letters. Then 'MEET WITH FACULTY, CURRENT STUDENTS AND OTHER PROSPECTIVE APPLICANTS!' in white. The dates and times are in yellow: 'WEDNESDAY, FEBRUARY 26, 2025 7:30PM - 8:30PM (ONLINE) OR SATURDAY, MARCH 8, 2025 2:00PM - 3:00PM (IN PERSON AT SFCP)'. There are decorative elements: a yellow circle in the top right, white diagonal lines in the bottom left and bottom right corners, and a white triangle in the top left corner.

**CHILD AND ADOLESCENT
PSYCHOANALYTIC PSYCHOTHERAPY
TRAINING PROGRAM (CAPPTP)**

CAPPTP OPEN HOUSE

**MEET WITH FACULTY, CURRENT STUDENTS
AND OTHER PROSPECTIVE APPLICANTS!**

**WEDNESDAY, FEBRUARY 26, 2025
7:30PM - 8:30PM
(ONLINE)**

OR

**SATURDAY, MARCH 8, 2025
2:00PM - 3:00PM
(IN PERSON AT SFCP)**

[Click here to apply](#) to our Child/Adolescent Psychoanalytic Psychotherapy Training Program!

Palo Alto Psychoanalytic Psychotherapy Program Report

We had a successful and lively Open House in February. Applications and admissions are underway for the next cohort beginning in fall of 2025.

[Click here to apply](#) to our Palo Alto Psychoanalytic Psychotherapy Training Program!

SFCP Annual Group Relations Weekend

APRIL 26 & 27, 2025

The Committee on Groups (COG) would like to invite you to participate in the upcoming SFCP Annual Group Relations Weekend.

Group relations refers to the study of human behavior and relationships in groups and organizations. It focuses on understanding the dynamics of power, authority, leadership, and interpersonal relationships in groups and the ways in which these dynamics shape group behavior and decision-making. Group relations theory seeks to uncover the unconscious patterns of behavior that emerge in groups and organizations, and to help individuals and organizations work more effectively and cooperatively.

A group relations conference is an event where participants engage in experiential learning about group dynamics, organizational behavior, and leadership. It is a unique form of professional development and personal growth that combines theory and practice. Participants work together in small and large groups to explore the dynamics of power, authority, and interpersonal relationships. The conference is facilitated by experienced group relations consultants who guide participants in their learning process. The goal of a group relations conference is to provide individuals with an opportunity to deepen their understanding of themselves, their relationships with others, and the ways in which they interact and make decisions within groups and organizations.

Facilitators:

Alan Ruiz, MFA, and Janice K. Wagner, LCSW

Alan Ruiz, MFA, is an artist and educator, originally born in Mexico, whose work examines how space is produced as material and ideology. His practice extends into the discursive form of writing, public lectures, and group workshops. He has taught classes at the Rhode Island School of Design, and Wesleyan University, and currently teaches in the School of Constructed Environments at Parsons, Eugene Lang College, The New School, and Hunter College. Alan holds Group Relations experience across a variety of different roles. He is a faculty member of the CSGSS "Leading from Experience" workshop, a Group Relations International Co-Creator, a member and certified consultant of the A.K. Rice Institute, and President of its regional affiliate, the New York Center for the Study of Groups, Organizations, and Social Systems.

Janice Wagner, LCSW, is in private practice offering psychotherapy, consultation and clinical supervision in Boston, MA. She is a Fellow of the A.K. Rice Institute, a past-president and member of the Center for the Study of Groups and Social Systems, and a Co-Creator of Group Relations International. Vice-Chair of the Reparations Committee of the A.K. Rice Institute. Experienced Group Relations conference consultant in the US, Europe, and China. Ms. Wagner worked for many years as a social worker, psychotherapist, unit director and team leader in child welfare, criminal justice, and medical/psychiatric settings. She is a former Clinical Supervisor, Faculty Field Advisor and Group Work Instructor at Boston University, Boston College, and Simmons College Schools of Social Work. She is a graduate of Smith College School for Social Work and holds a certificate in Psychoanalytic Psychotherapy from the Boston Institute for Psychotherapy.

SFCP Annual Group Relations Weekend APRIL 26 & 27, 2025 cont.

Location & Registration:

We will meet on April 26 and 27, 2025, Saturday and Sunday, at SFCP from 9 am to 5 pm. Both days will involve working in both large and small groups.

We have room for 24 participants; 8 spots will be filled by the COG members, and 16 openings remain. We aim to be inclusive and will work to create a group that represents diversity of membership on many levels. We welcome new participants to the group process experience and encourage those who have participated before to join us again. All are welcome.

The fee for the weekend is \$600. This includes two days of paid facilitation, coffee, breakfast, lunch, and snacks. Financial assistance is available. To support our commitment to accessibility, those who are able and willing may choose to contribute an additional amount during the registration process. Your generosity is deeply valued.

If you wish to register for the event, please fill out the following form:

<https://forms.gle/bGdxgaiz24ZJf8eT8>

We will respond to your inquiry and provide confirmation regarding the availability of space in the group.

Questions:

Please contact any member of the committee if you have questions or wish to learn more.

Committee on Groups Members:

Ari Bachrach, PMHNP-BC

Ben Goldstone, MFT

Mia Gutfreund, LCSW

Fei Hu, MFT

Brett Penfil, MFT

Mayumi Pierce, MD

Jane Reingold, MFT

Sydney Tan, PsyD

Group Relations Weekend - Testimony

The 2025 Group Relations weekend is coming up. I attended last year, which makes it sound like a time-bound experience. It's not. The "weekend" has stayed with me for 9 months. It has a Hotel California (Eagles, 1976) sensibility. The space had its own riches and feels haunting. "You can check out any time you like but you can never leave" feels apt, but the weekend had more interesting set of take-aways.

The first morning there seemed to be swirling vortices of thought within the group. I noticed that a thought I wanted to have would be followed by thoughts I didn't want to be having. Each thought would be followed by an awareness that when that thought was intimated or spoken by someone else, the intensity of that thought wave would dissipate. The unspoken thoughts seemed to be floating around in our groupthink, appeared to find resonance in the unspoken thoughts of others and then something would manifest. That "thing" could feel both dreadful and a relief, or joyful and infuriating, or some other pairing that would make me want to own it and disavow it at the same time. As these pairings surfaced, I often felt like I couldn't watch but, in fact, I couldn't look away. Someone seemed to volunteer to become the group scapegoat. It was irritating, painful to watch and I wanted to believe that I wasn't part of pinning the person in the role. I felt relief that it wasn't me or anyone I was close to. At one point I thought the person had left and I was stunned to have the thought that I knew who would take the scapegoat role next. Was I really tracking that? Some part of me was. Various group members shared generous and provocative thoughts and seemed to offer a clear way forward for the group for a while. Sometimes the group seemed to ride along on the ripples of these insights and remarks. At other times the words of the "caring person" seemed kind but empty and I would sense that the person had spoken a nice thing from the groupthink and what was left to say were the not-so-nice things. I would feel an anxiety to speak to get my voice in the mix before the collection of the group's thoughts had been drained of the easy or welcome ideas and only the difficult ideas were left. It was unpleasant to raise the latter, but I also felt some pressure to do so because if they weren't said, they would be acted out and all of us would be cast members.

Now I notice these and other dynamics from the weekend in my clinical day. A patient talks about something that happened between her and her colleagues; another describes exchanges that unfurled in their vacation. Classes, meetings and family gatherings are full of iterations of these interactions. Like at the Hotel California, I had a strangely mixed sense. It is captured in the Eagle's line "We are all just prisoners here of our own device" where there is a desire to be accountable for my behavior as well as an awareness that I was in something that was inescapable.

Jennie Merovick, LCSW

Group Relations Weekend - Testimony

The experiences I had during the Group Relations weekend in 2024 visit me often, in snippets or as evolving and revolving questions. I attended the event with prior group processes in mind, and those past events were quickly eclipsed. The weekend itself is unique. It is made by its moment in time and by its participants. Very broadly speaking, the group created a space for dialogue but also, and maybe most potently, for acting in and acting out. The event is structured enough to allow for unexpected encounters, and not so structured that it tames these when they occur. I found that the group extended some of the ongoing work in my personal analysis, allowing me to experience aspects of the weekend in an expanded field, and giving me the opportunity to find it in a new way within my personal analysis. Clearly defined themes arose quickly over the course of two days, and it was these themes, dynamics, tensions, and queries that the group applied itself to with various feelings and reactions. These themes are long-standing ones: outside/inside demarcations; belonging and not belonging; questions of responsibility and ethics; effects and causes of conflict; the compelling attraction of controversy, as well as its fast decline and submergence; the profound anxieties around leadership roles. I found it instructive to be assisted in observing the roles I took up and played in these various discourses, and perhaps most importantly, I was enriched by the variety of perspectives that I suspect only a group process can offer to us.

Renu Cappelli, MFT, PhD

A Letter from Cheryl Goodrich - Diversity, Equity, and Inclusion Conversations

1/26/2025

Dear Colleagues,

This morning, I attended the second module of the “DEI Conversations” training with David Luna, MBA, JD, the consultant SFCP has engaged to assist us with our interests in creating a more diverse and welcoming Center. I'll admit I went into it with a kind of, I'm doing my homework attitude. And I need the CE. I thought I'd write this note to share my experience as I've heard that some members are not signing up to attend, worried that the meetings have some kind of indoctrination quality.

The 2 hour meeting on Zoom was organized around a didactic segment led by David where he laid out generally accepted definitions of Implicit Bias, Racism and Systemic Racism. While I thought I basically understood these terms, I did find David added nuance that I found thought provoking. He also introduced a particular psychoanalytic perspective as a possible way to understand the persistence of racism; this was very compelling, and I hope we talk about it more in the next 2 conversations (there will be a total of 4.) Throughout the meeting David provided citations, something he hadn't done in the first DEI Conversation I attended a couple of months ago.

The 13 attendees met in small Zoom breakout groups of 3 or 4 to discuss the information and ideas David had presented and to talk about our experiences with these problems. This was the most interesting part for me--talking with my colleague/friends about the real way we meet these problems in our practices, families, community and organizations. The people I was in group with were honest about their struggles, and I felt we were respectful of each other. The larger group of 13 also talked together after the 2 small group discussions.

Overall, I'd recommend this second conversation 'module' as it was thought provoking, and a good exchange with colleagues I rarely see but enjoy talking with. I find David to be an expert in understanding this field of thought and open to discussion and debate.

All best wishes,
Cheryl

AN INVITATION TO MEMBERS FROM THE NEWSLETTER COMMITTEE:

Do you have a passion or hobby you love? A story or life experience that shaped who you are? We want to hear from you!

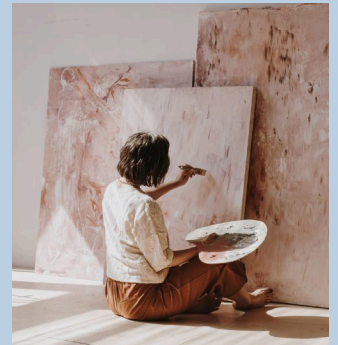


The newsletter committee wants to promote the idea that we are each a whole person, with a history, a family, and relationships—with people, animals, plants, and with institutions, cultures, societies, etc. Both inside and outside the Center, we are involved in projects, occupations, interests, passions, and concerns .

To this end, we are inviting members to participate in the newsletter by giving our readers an opportunity to experience the variety, complexity and diversity in the current lives and histories of our members.

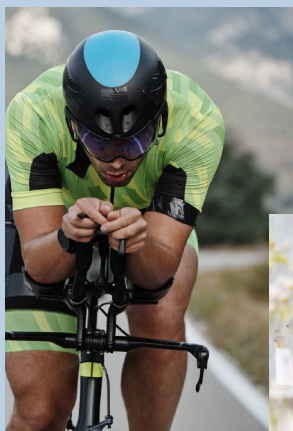
We want to know who you are, how you have come to where you are, what occupies and compels you—within and without the field of psychoanalysis.

Are you producing, creating or building something? Are you generating or participating in an interesting project? Maybe you are passionate about a concern, and want to express it. Or you would like to express something simple, short, or lighthearted.



We welcome each and every one of you to take this opportunity to share a piece of your life with other members.

When you are ready , please reply to this email with an indication of what you might be interested in sharing, and how you would like to share it-- whether you would like someone to interview you, or you would like to write something yourself—maybe a short story or essay.Or maybe you would like to show the result of something you have produced or created.



To stimulate your imagination, here are some possible topics to explore:

A person, incident or idea that influenced me

A problem I am solving or have solved

Something I love doing

What drew me to psychoanalysis

Something I have achieved

Been there, Done that

Something I think about a lot

Something I would like to do

Something I wish I had done.

Reach out to Nicole.Lee@sfcg.org.

Women's

SFCP
Library

History Month

Join us as we honor the extraordinary legacy of women in psychoanalysis. This March, we recognize the groundbreaking contributions of women who have shaped the field and continue to inspire future generations.

For any inquiries, please contact our librarian, Rashmita Sriram, at rashmita.sriram@sfcplibrary.org.

Let's come together to celebrate and acknowledge the remarkable impact of women throughout history at SFCP.





Annual Giving Campaign Update!

Our 2024-2025 Goals

1. RAISE \$130,000
2. EARN THE SUPPORT AND PARTICIPATION OF **ALL** SFCP MEMBERS
3. INCREASE THE NUMBER OF PARTICIPANTS FOR OUR IN-PERSON FUNDRAISING EVENTS

March Update

WE HAVE ALREADY RAISED **\$56,223!** THAT IS 43.2% OF OUR GOAL.

WE ALSO HAVE 15.8% OF OUR MEMBERS' PARTICIPATION SINCE OUR LAUNCH 4 MONTHS AGO!

[CLICK HERE TO CONTRIBUTE!](#)





THE ENRICO JONES FUND FOR EQUITY AND EQUALITY

97 people of color have received
tuition credits since 2021

- 15 students received tuition credits in 2021
- 25 students received tuition credits in 2022
- 27 students received tuition credits in 2023
- 30 students are estimated to receive tuition credits in 2024

This fund was established in memory of Enrico E. Jones, PhD, an African American Psychologist and Professor of Psychology at UC Berkeley who did his analytic training at SFPI and was a Faculty member of SFPI.

WAYS TO DONATE ONLINE

BY MAIL:

Payee: SFCP
ATTN: Enrico Jones Fund
444 Natoma Street
San Francisco, CA 94103

BY PHONE:

(415) 563-5815

A recipient told us:

"I strongly believe that as a psychoanalytic community, we all benefit from the Enrico Jones Fund's implicit and explicit recognition of the painful racism in our community in need of acknowledgement and repair. And for that I am the most grateful."

Join Us!

Our members' participation in this effort has been excellent, but we need a continuing effort to achieve the diversity of members which we desire. All contributions help!

DIVERSITY, EQUITY, AND INCLUSION (DEI) CONVERSATIONS

MODULE 3

In recent years, there have been multiple requests for a **dedicated, judgment-free space** for SFCP members to:

- (1) learn about and discuss topics in the current DEI discourse*
- (2) share our challenges and anxieties in addressing these issues in teaching and clinical settings*
- (3) create psychoanalytic frameworks for working across differences within our learning groups*

As a first step toward these goals, SFCP is offering a series of online DEI Conversations, divided into **four modules**, each offered multiple times during this academic year. ***It is recommended to take the modules sequentially, as the concepts will build on each other.***

Building on the concepts and terms discussed in Module 1 (power, race, white supremacy) and Module 2 (bias, racism, and the impact of systemic racism),

Module 3 will focus on the concept of intersectionality, its applicability to every human being, and how it involves an interplay between aspects of identity, targeting, and privilege.

We will also discuss trauma and fragility in the context of race and describe how these factors often make conversations about race challenging.

SAVE THE DATE for **ONE** of the **MODULE #3** sessions!

Thursday, February 27, 2025 | 7:00 pm - 9:00 pm

Monday, March 3, 2025 | 7:00 pm - 9:00 pm

Sunday, March 16, 2025 | 10:00 am - Noon

Thursday, March 27, 2025 | 7:00 pm - 9:00 pm

This program is open to SFCP members only.

Cost: FREE

Facilitators: David Luna, SFCP's DEI Consultant and volunteers from the DEI Steering Committee, the Strategic Direction "Promoting an Inclusive & Reflective Organization" Team, and other members

2 CE/CME credits available for FREE for SFCP members

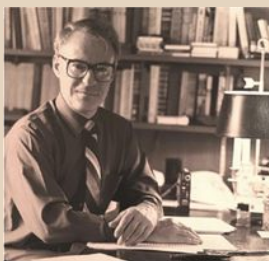
Click here for more info and to register: <https://www.sfcpl.org/dei-conversations/>

**Registration will be closed 24 hours before each event.*





The Regional Bion Symposium in conjunction with SFCP presents:



James Grotstein

The James Grotstein Memorial Lectures in Comparative Psychoanalysis

Donald W. Winnicott in America

Saturday, January 25, 2025 | February 15, 2025 | March 15, 2025
Online via Zoom

Recording available to program registrants for a two-week period following each lecture

Throughout the international psychoanalytic community, James Grotstein's analytic work advocated for learning from the various analytic traditions populating its universe, especially from British Object Relations theory. In honor of Grotstein's work in comparative psychoanalytic theory, there will be a series of 3 virtual meetings featuring D.W. Winnicott's papers delivered in America, including his reflections on the incommunicado self, Kleinian notions of development, ego psychology, and American culture. Three-part series participation is encouraged, but single lecture tickets will be available.

Part 1: January 25, 2025

9AM -11AM Pacific Time

2 CE/CME Credits Available

Winnicott in San Francisco: "On Communicating and Not Communicating"

Presenter: Peter Goldberg, PhD



Donald W. Winnicott

Part 2: February 15, 2025

9AM -11AM Pacific Time

2 CE/CME Credits Available

Winnicott in Los Angeles: On The Kleinian Development

Presenter: Joseph Aguayo, PhD

Part 3: March 15, 2025

9AM -12PM Pacific Time

3 CE/CME Credits Available

Winnicott in Topeka: Ego Psychology, American Culture, and Object Relations - Style and Substance in the 'Stage of Concern'

Presenter: Stephen Seligman, DMH

Panelists: Joseph Aguayo, PhD; Peter Goldberg, PhD; and Stephen Seligman, DMH

Participants are encouraged to register for the full 3-part series for maximum immersion; however single lecture tickets are also available.

Pre-registration is required.

| | General Admission | SFCP Members | Candidates & SFCP Students |
|------------------------|-------------------|--------------|----------------------------|
| Full Series: | \$250 | \$200 | Free |
| Single Program Ticket: | \$125 | \$100 | Free |
| Each CE/CME Unit: | \$15 | Free | Free |

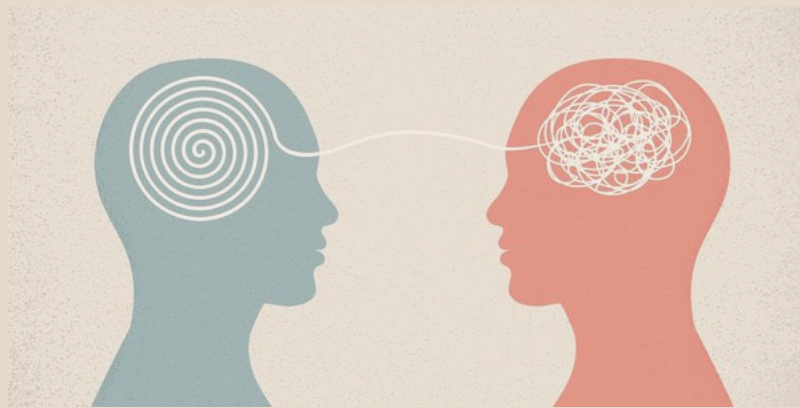
TO REGISTER AND LEARN MORE, VISIT:



www.sfcps.org/james-grotstein-memorial-lectures



SAN FRANCISCO PSYCHOANALYTIC
PSYCHOTHERAPY TRAINING PROGRAM
(SFPPTP)



INFORMATIONAL
OPEN
HOUSE

- RIGOROUS CLASSROOM INSTRUCTION
- EXPERT SUPERVISION
- WARM COMMUNITY OF COLLEAGUES
- MENTORSHIP

THURSDAY, MARCH 6, 2025

🕒 7:00PM - 9:00PM

📍 444 NATOMA ST. SAN FRANCISCO, CA 94103

👥 IN-PERSON EVENT

🍴 DINNER AND DRINKS WILL BE SERVED!



[CLICK HERE TO RSVP:](#)



For more information on the SFPPTP Program, please visit www.sfcg.org/sfpptp/.

CONTACT OUR OFFICE FOR MORE DETAILS:

📞 415-563-5815 X106

✉️ TINA.PHU@SFCG.ORG

SAN FRANCISCO
CENTER FOR
PSYCHOANALYSIS





CHILD COLLOQUIA SERIES

SATURDAY,
MARCH 8, 2025

10 AM - 12 PM

SFCP
444 Natoma Street
San Francisco, CA 94103

FREE EVENT!

A FELT-SELF: ASPECTS OF SYMBOLIZING THROUGH PSYCHOTHERAPY OF AN AUTISTIC BOY

This presentation describes the multi-year psychotherapy of a young boy on the autism spectrum. Many children diagnosed with ASD have unique sensory processing challenges. Extensive clinical material is offered to illustrate how sensation and emotion impact the development of a “felt-self”, an idea developed by an English student of Melanie Klein, Donald Winnicott, and Wilfred Bion named Frances Tustin. Tustin’s ideas on the sensory aspects of self development are presented alongside the process of symbolization that allowed this boy to tolerate awareness of his sensory experience, make connections with others, and symbolize and express his emotional experience over time. The lecture emphasizes following the changes in the child’s picture of the world as his capacity for symbolizing develops.

PRESENTER

JEFFREY EATON, MA, FIPA

DISCUSSANT

ANNE ALVAREZ, PHD, M.A.C.P.

MODERATOR

LILLY HANSON, MFT

TO REGISTER AND TO RSVP VISIT:

www.sfcpsf.org/2025-03-08-child-colloquia/





CHILD AND ADOLESCENT
PSYCHOANALYTIC PSYCHOTHERAPY
TRAINING PROGRAM (CAPPTP)

CAPPTP OPEN HOUSE

MEET WITH FACULTY, CURRENT STUDENTS
AND OTHER PROSPECTIVE APPLICANTS!

WEDNESDAY, FEBRUARY 26, 2025
7:30PM - 8:30PM
(ONLINE)

OR

SATURDAY, MARCH 8, 2025
2:00PM - 3:00PM
(IN PERSON AT SFCP)

San Francisco Center for Psychoanalysis
444 Natoma Street, San Francisco, CA 94103

For more information and to RSVP visit:
www.sfcf.org/capptp-open-house





CHILD COLLOQUIA SERIES

Coming Out as Gender Fluid: "That's what threw him."



This talk will include a case of an adolescent dealing with his identifying as bisexual and gender fluid. He feared talking to his parents about this, especially his father, whose masculinity was more traditional as in valuing competition, not showing feelings, and trying to act like a hero. I will use some theory from analytical psychology to discuss how manifestations of gender expansiveness become challenging and look at the concept of a "cultural unconscious" to understand how tolerance and acceptance can come about.

FREE EVENT!

**SATURDAY, MARCH 22, 2025
10AM – 12PM**

IN PERSON EVENT at
SFCP
444 Natoma Street
San Francisco, CA 94103

PRESENTER: ROBERT TYMINSKI, DMH
DISCUSSANT: HOLLY GORDON, DMH

For more information and to register, visit:
www.sfcps.org/2025-03-22-child-colloquia/



Child Psychoanalysis

OPEN HOUSE

Academic Year 2025-2026

Interested in learning more about child analysis? You are invited to our informational gathering including a short clinical presentation and discussion.

SUNDAY, MARCH 23, 2025

11am - 1pm

At a private home in San Francisco

Address provided upon RSVP

More Information and RSVP

(206)271-0839

catherinehphillips@gmail.com



You're Invited to SFCP's

wine, cheese, & chocolate party

*An Open House for Community Building,
in support of The Annual Giving Campaign*

HOSTED BY AMY WALLERSTEIN FRIEDMAN, MICHAEL DONNER, AND ROBIN
DEUTSCH AT AMY'S HOME IN PIEDMONT
(ADDRESS WILL BE PROVIDED UPON RSVP)

Sunday, March 23, 2025
3-5pm

PLEASE RSVP HERE
IF YOU PLAN TO ATTEND

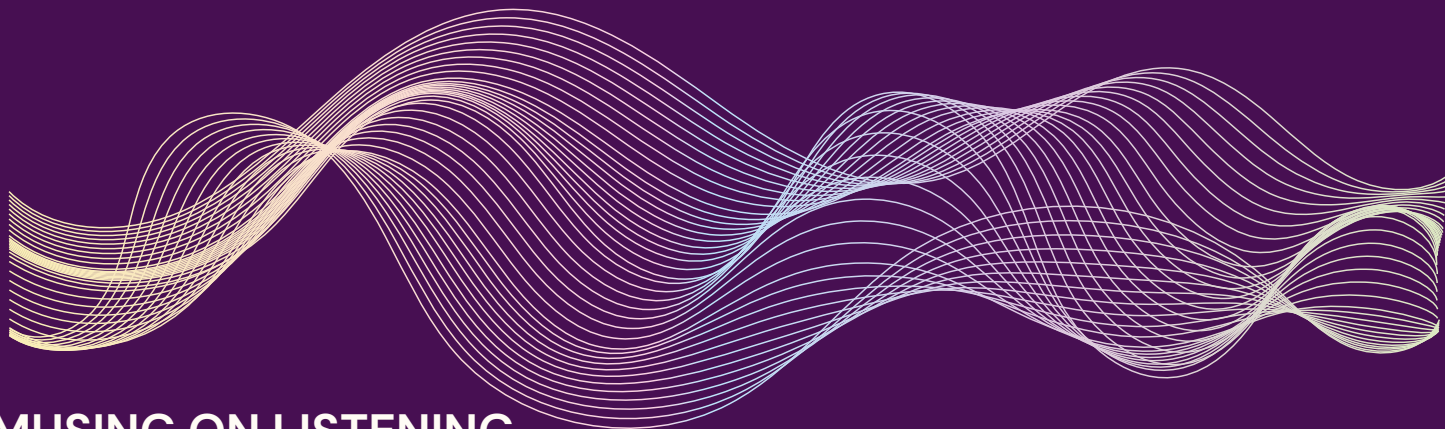




AN AFTERNOON OF POETRY AND ART

WITH FORREST HAMER AND ALICE JONES

Please join us for a Special Fundraising Event for the
Candidate Training Grants for Equity and Diversity Program



MUSING ON LISTENING

Forrest Hamer, PhD and **Alice Jones, MD** – distinguished poets and SFCP members – offer an event where they each speak for a few minutes about their writing on listening and on muses. They will then engage the group in an interactive listening experience which will involve observing and thinking about how we receive language, tone, music and presence of another. What is generated inside the analyst/listener/writer by way of response? How does the muse give rise to a creative impulse to respond? How do we take in another's being across differences of self and other, culture, race, age, gender etc. How do we make use of ourselves in response? We will then read some poems together, engaging in noticing how we listen, what we hear, and how we respond in feelings and in words. Together, we will engage as a group in the experience of sending and receiving (call and response) as a basis for how we respond to one another, and how a space can open between us and inside each of us. (1.5 CME/CE Credits pending)

Saturday, April 5, 2025
3:00-5:00 PM

Attend in Person or via Zoom
San Francisco Center for Psychoanalysis
444 Natoma Street, San Francisco

If you have art you would like to donate for the Silent Art Auction,
please contact besteinberg@comcast.net.

SILENT AUCTION!
BID ON ART
DONATED BY
SFCP MEMBERS!

For more information and to register, visit: www.sfcps.org/afternoon-of-poetry-and-art/



***ALL DONATIONS ARE TAX-DEDUCTIBLE AND WILL GO DIRECTLY TO THE
CANDIDATE TRAINING GRANT FUND**

SFCP in conjunction with the C.G. Jung Institute of San Francisco and The Regional Bion Symposium present:

W.R. Bion's Reading of C.G. Jung's "Memories, Dreams, and Reflections"

Saturday, April 19, 2025

9:30 AM - 12:30 PM (Pacific Time)

In-person at SFCP (444 Natoma Street, San Francisco) and Online via ZOOM



Image montage created by Stephen Garratt. Used with permission.

Join us for a ground-breaking collaboration between the **C.G. Jung Institute of San Francisco**, **The Regional Bion Symposium**, and the **San Francisco Center for Psychoanalysis (SFCP)** which explores previously unrecognized links between the fields of psychoanalysis (founded by Sigmund Freud) and analytical psychology (founded by Carl G. Jung). In this initial program, **Joseph Aguayo, PhD** will examine W.R. Bion's personal annotations in his copy of Jung's *Memories, Dreams, and Reflections*, shedding light on how Jung's ideas may have influenced Bion's concept of intuition and his theory of transformation in "O". Dr. Aguayo's paper will be discussed by **Peter Goldberg, PhD** from a Bionian perspective, and **Mark Winborn, PhD** from a Jungian vantage point, with ample time reserved for questions from both remote and in-person participants.

Preview the discussion with Joseph Aguayo, PhD, and Mark Winborn, PhD, in this 8-minute promo video:

<https://tinyurl.com/55nz2bu4> (password: qf^741jt)

Mental health clinicians and students of all backgrounds are welcome.

To Register:

<https://sfcf.org/bion-on-jung/>

General Admission

\$ 105

Members of SFCP or C.G. Jung Institute of San Francisco

\$ 85

Candidates, Students, and SFCP PPTP Trainees

Free

Optional CME/CE Credits available for \$15 per credit. (Free for SFCP Members)





SFCP'S ANNUAL GROUP RELATIONS WEEKEND

The Committee on Groups (COG) would like to invite you to participate in the upcoming SFCP Annual Group Relations Weekend.

A group relations conference is an event where participants engage in experiential learning about group dynamics, organizational behavior, and leadership. It is a unique form of professional development and personal growth that combines theory and practice. Participants work together in small and large groups to explore the dynamics of power, authority, and interpersonal relationships.

The conference is facilitated by experienced group relations consultants who guide participants in their learning process. The goal of a group relations conference is to provide individuals with an opportunity to deepen their understanding of themselves, their relationships with others, and the ways in which they interact and make decisions within groups and organizations.



**APRIL 26- 27
2025**

9AM - 5PM

FACILITATORS

**ALAN RUIZ, MFA, AND
JANICE K. WAGNER, LCSW**

EVENT COST

\$600

This includes two days of paid facilitation, coffee, breakfast, lunch, and snacks. Financial assistance is available. To support our commitment to accessibility, those who are able and willing may choose to contribute an additional amount during the registration process. Your generosity is deeply valued.

We have room for 24 participants; 8 spots will be filled by the COG members, and **16 openings remain.**

All are welcome!

**FOR MORE INFORMATION AND TO REGISTER, VISIT:
www.sfcpsf.org/annual-group-relations-weekend/**



2025

SFCP
PSYCHOANALYTIC EDUCATION
DIVISION

SAVE THE DATE!

GRADUATION 2025

CHARLES FISHER, MD
GRADUATION SPEAKER



Saturday, May 10, 2025

Ceremony: 3:00pm - 4:30pm

Reception: 4:30pm - 6:15pm

Reception will be at SFCP.

Stay tuned for details!

Here I'm Alive

The Spirit of Music in Psychoanalysis

Adam Blum, Peter Goldberg,
and Michael Levin

Here I'm Alive explores the musical foundation of being human from a psychoanalytic perspective.

Writing in collaboration, three psychoanalytic clinicians develop a fresh vision of the essential role of music in psychical life. Through an interdisciplinary exploration, *Here I'm Alive* shows how music is fundamental to becoming human, establishing our embodied sense of membership and participation in a shared world through the fabric of culture. With one authorial voice, these pages resonate with the musical forms of living that make possible any individual style of conduct or shape of desire and without which we are forever lost in the noise.

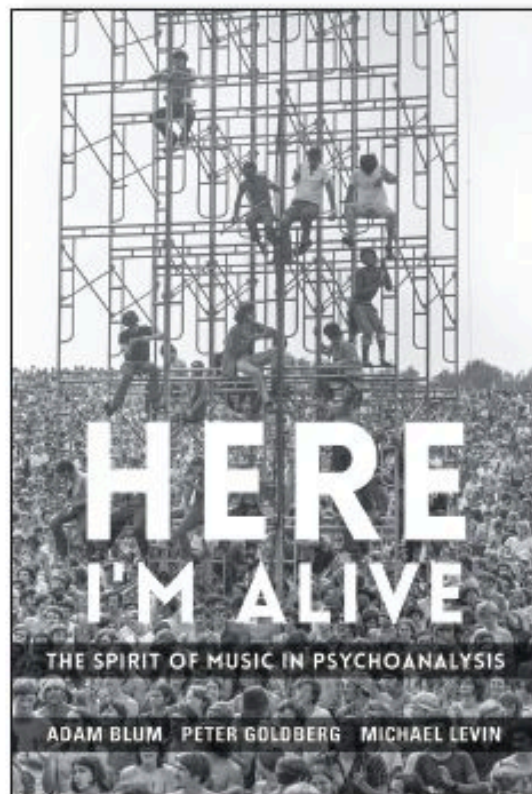
ADAM BLUM, PETER GOLDBERG, and MICHAEL LEVIN are members of the Bay Area psychoanalytic community.

\$35.00 / £28.00 paperback · 978-0-231-20945-8

\$140.00 / £108.00 hardcover · 978-0-231-20944-1

\$34.99 / £28.00 ebook · 978-0-231-55794-8

NOW AVAILABLE 328 pages



"Showing us that music is at the heart of human development, of sociability, of love and desire—at the heart of most of what matters to us—this book shows us what many of us have always somehow thought but never been able to know with such clarity and vision. Not simply one of the most fascinating books written about psychoanalysis, *Here I'm Alive* is more importantly about just how musical our lives are and can be. It is a unique and remarkable book."

—Adam Phillips, author of *The Cure for Psychoanalysis* and *Unforbidden Pleasures*

"The phrase 'music lover' always rankled me, and this wild, beautiful, polyphonic book shows why: music is not just loved, music is love, is everywhere, is everything. Far from being a book just about music and psychoanalysis, *Here I'm Alive* is an experiment in eros. Its venerable concepts—the unconscious, the drives, rhythm, harmony—become a loom that weaves a world-sized tapestry."

—Seth Brodsky, University of Chicago

"*Here I'm Alive* is quietly revolutionary in the way it proposes that we as psychoanalysts are in the business of reuniting our patients with the musical dimension of life through which they become more fully human, more fully themselves. These essays illustrate the role of music in the very fabric of life."

—Thomas Ogden, author of *Coming to Life in the Consulting Room: Towards a New Analytic Sensibility*

ORDER ONLINE NOW AND SAVE 20%

CUP.COLUMBIA.EDU

Enter Code: CUP20 for 20% discount

Regular shipping and handling charges apply.

The background features a stylized graphic of a guitar. The body of the guitar is yellow and contains a silhouette of the Seattle skyline, including the Space Needle. The neck and headstock are blue. To the right, a yellow musical staff with notes is shown. The overall color palette is yellow and blue.

LIVE FROM SEATTLE: THE MUSIC OF PSYCHOANALYSIS

OCT 17-18, 2025

LABOR TEMPLE
SEATTLE, WA

BROUGHT TO YOU BY
THE NORTHWESTERN PSYCHOANALYTIC SOCIETY AND INSTITUTE

The Robert S. Wallerstein Lecture in Psychoanalysis and Psychotherapy

You are invited to join us for

The 2025 Robert S. Wallerstein Lecture in Psychoanalysis and Psychotherapy

"On the Double Provenance of the Unconscious"

Presented by

Francisco J. González, PhD

Personal and Supervising Analyst • Community Psychoanalysis Supervising Analyst • Faculty Member • Co-Director, Community Psychoanalysis Track • Psychoanalytic Institute of Northern California



In discussion with



Oluwatosin Adebisi, MD, MPH

Resident Physician • Psychiatry Residency Training Program • Department of Psychiatry and Behavioral Sciences • UCSF Weill Institute for Neurosciences

Wednesday, March 26, 2025

1:00–4:00 p.m. PDT

UCSF Nancy Friend Pritzker Psychiatry Building
675 18th St. • San Francisco, CA

[Click here to register now](#)

CME/CE credit available • See below for details

Educational objectives

Upon completion of this activity, the learners will be able to:

- Describe the definition of "belonging" in group terms according to the theory of group analyst Rene Kaes
- Describe what is meant by the double provenance of the unconscious and give an example
- Explain how community psychoanalysis uses principles of conventional psychoanalysis such as unconscious process and counter/transference

About this year's honoree

Francisco J. González, MD, is a personal and supervising analyst, community psychoanalysis supervising analyst, and faculty member at the Psychoanalytic Institute of Northern California (PINC), where he also helped found and serves as co-director of the Community Psychoanalysis Track. He is also a faculty member at the NYU Postdoctoral Program in Psychoanalysis.

Dr. González's teaching and writing focus on the articulation of the social within individual and collective psychic life, including in the domains of gender, sexuality, racialized difference, immigration, film, and groups, and has been the recipient of the Symonds Prize (2009), the APSA Ralph E. Roughton Paper Award (2017), and co-recipient of the *JAPA* Award for the Best Published Paper (2019). He serves on the editorial boards of *Psychoanalytic Dialogues*, the *Journal of the American Psychoanalytic Association*, and *Parapraxis*, and served on the Holmes Commission on Racial Equality in American Psychoanalysis. He practices privately in San Francisco and Oakland and in the public domain at Instituto Familiar de la Raza in San Francisco.

About this lecture series

The [Robert S. Wallerstein Lecture in Psychoanalysis and Psychotherapy](#) is given annually in honor and remembrance of the late Professor Robert S. Wallerstein, MD, who served as chair of the UCSF Department of Psychiatry from 1975–1985. The series is focused on showcasing psychoanalytic knowledge and clinical expertise that influence psychiatry, psychotherapy, and psychoanalysis.

Dr. Wallerstein was a distinguished psychiatrist, psychotherapy researcher, and psychoanalytic leader who left a legacy of a widened scope of theory and technique in the psychological sectors of psychiatry. He was an administrator who advocated for cooperation between psychiatrists, psychologists, and social workers in achieving academic excellence and sought to develop a new profession, the Doctor of Mental Health. He also developed a departmental structure that worked across professional lines,



leading to new ideas on research centers, educational plans, and high quality service delivery.

2025 Wallerstein Lectureship Committee

Joseph Zamaria, PsyD, ABPP, *chair*
Kathryn DeWitt, PhD
Amy Wallerstein Friedman, LCSW
Adam Goldyne, MD
Mary Susan Hansen, MD

Mardi Horowitz, MD
Marc Jacobs, MD
George Silberschatz, PhD
Katherine Straznickas, PhD
William Wolfe, MD

Claiming CME/CE credit

This program is approved for up to 3 *AMA PRA Category 1*TM CME/CE credits, which are managed by the San Francisco Center for Psychoanalysis (SFCP). To receive credits, you will need to complete a program evaluation, which will be sent a week after the program ends. Completion of the evaluation is required to request credits. CME/CE credits are free for SFCP members and cost \$45 for non-members. Payment can be made when you complete the evaluation.

For questions, please contact the SFCP office at office@sfc.org or [\(415\) 563-5815](tel:4155635815).