

SAN FRANCISCO CENTER FOR PSYCHOANALYSIS



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SEEKING AN SFCP NEWSLETTER EDITOR!

We are very grateful to **Ric Almond** for his service as SFCP Newsletter editor these past 2 years. Ric has let us know that he needs to step back from this position due to his 'bi-coastal lifestyle' and multiple other commitments, and we are now seeking a new Editor for the SFCP Newsletter. This position involves working with the SFCP office to review the content of the SFCP Newsletter each month (September - June), as well as any other creative innovations you would like to bring! If interested, please contact marialonguemaremd@gmail.com for more information.

President's Message

Our Commitment to Our SFCP Community

As we all are painfully aware, January 20, 2025 marked a transition in the US presidential administration; the banning of federal policies aimed at promoting diversity, equity, and inclusion; the enactment of policies that threaten the rights and safety of many LGBTQ+ and immigrant communities; and the appointment of officials who have openly expressed racist, anti-Semitic, and anti-scientific views. The devastating impact of these actions on our country, our international relations, and our planet fills me with sadness and dread – particularly the impact on groups and individuals most directly targeted in the immediate moment.

In the face of these changes, the leadership of SFCP remains committed to fostering a community that welcomes all voices and identities, and promotes free thought and the free exchange of ideas. Since its inception, the survival and evolution of psychoanalysis as a field has relied on the ongoing influx of new perspectives and debates which are derived from the different backgrounds, cultural influences, and life experiences of the individuals entering the dialogue. Though we have frequently failed in our efforts to embrace these differences and seek understanding of one another's unique experiences of the sociocultural context in which we live, we renew our commitment as a Center to creating a diverse psychoanalytic community that offers support and welcome to all in these challenging times.

Seeking Ombudspeople

The Board Chair, Brett Penfil, continues to seek several SFCP members to serve as Ombudspeople. The Ombudspeople fill an immensely important role for the entire membership. Any member can reach out to one of the Ombudspeople at any time for confidential support about issues they are experiencing from being part of the SFCP community. In the past, SFCP has had one Ombudsperson – an analyst. Based on feedback during strategic planning and in other venues, the role will now be shared by at least one analyst, one candidate, and one community member. Each works separately to preserve members' confidentiality, and any member will be able to contact whichever Ombudsperson they would like to seek support from.

Please see the Ombuds job description at this link:

https://docs.google.com/document/d/1tiSTRmVjbXIJ9-a4dTH3-2MkRi_XI-Q/edit?usp=sharing&ouid=111224448925018847587&rtpof=true&sd=true

Please contact Brett Penfil at brett@brettpenfil.com if you are interested in talking about this role.

While we are seeking Ombudspeople, if you would like to talk to someone, please contact either Marcia Hodges at marcia.hodges@sfc.org or Brett Penfil at 415-824-3242 or brett@brettpenfil.com, who will keep your request confidential and connect you to someone for help.

Child and Adolescent Psychoanalytic Psychotherapy Program Report

CAPPTP is excited to be opening up admissions for our 2025-2027 cohort of learners! As we continue to get feedback that opportunities are ever more rare for early career psychotherapists to learn how to do child and adolescent psychoanalytic psychotherapy, we are committed to maintaining and growing an effective learning space to expand our capacity to provide youth oriented training. For this reason the team will be maintaining a hybrid model to create more learning opportunities for local, national and international learners interested in working with youths. Please share our application materials with potential CAPPTP students you might know and through your networks!

Our two Open House events (one virtual, one in person) will be in late February and early March.

A dark blue poster for the CAPPTP Open House. At the top left is a white triangle icon. The text 'CHILD AND ADOLESCENT PSYCHOANALYTIC PSYCHOTHERAPY TRAINING PROGRAM (CAPPTP)' is in white. A large yellow circle is in the top right. The main title 'CAPPTP OPEN HOUSE' is in large yellow letters. Below it, 'MEET WITH FACULTY, CURRENT STUDENTS AND OTHER PROSPECTIVE APPLICANTS!' is in white. The dates and times are in yellow: 'WEDNESDAY, FEBRUARY 26, 2025 7:30PM - 8:30PM (ONLINE)' and 'SATURDAY, MARCH 8, 2025 2:00PM - 3:00PM (IN PERSON AT SFCP)'. The word 'OR' is in white between the two options. There are white diagonal lines in the bottom left and bottom right corners.

**CHILD AND ADOLESCENT
PSYCHOANALYTIC PSYCHOTHERAPY
TRAINING PROGRAM (CAPPTP)**

CAPPTP OPEN HOUSE

**MEET WITH FACULTY, CURRENT STUDENTS
AND OTHER PROSPECTIVE APPLICANTS!**

**WEDNESDAY, FEBRUARY 26, 2025
7:30PM - 8:30PM
(ONLINE)**

OR

**SATURDAY, MARCH 8, 2025
2:00PM - 3:00PM
(IN PERSON AT SFCP)**

CATHERINE PHILLIPS, LCSW
PAPPTP CO-CHAIR

Palo Alto Psychoanalytic Psychotherapy Program Report

PLEASE SHARE WIDELY about the upcoming open house for the PAPPTP 2 year program. It promises to be an engaging evening of socializing with a hearty dose of compelling case discussion. Please share and invite! Applications for the 2 year program are already open!

Thursday, February 20, 2025

7:00 - 9:00pm

in-person event at a private home in Palo Alto

RSVP to Catherine Phillips

catherinehphillips@gmail.com

SFCP Annual Group Relations Weekend

APRIL 26 & 27, 2025

The Committee on Groups (COG) would like to invite you to participate in the upcoming SFCP Annual Group Relations Weekend.

Group relations refers to the study of human behavior and relationships in groups and organizations. It focuses on understanding the dynamics of power, authority, leadership, and interpersonal relationships in groups and the ways in which these dynamics shape group behavior and decision-making. Group relations theory seeks to uncover the unconscious patterns of behavior that emerge in groups and organizations, and to help individuals and organizations work more effectively and cooperatively.

A group relations conference is an event where participants engage in experiential learning about group dynamics, organizational behavior, and leadership. It is a unique form of professional development and personal growth that combines theory and practice. Participants work together in small and large groups to explore the dynamics of power, authority, and interpersonal relationships. The conference is facilitated by experienced group relations consultants who guide participants in their learning process. The goal of a group relations conference is to provide individuals with an opportunity to deepen their understanding of themselves, their relationships with others, and the ways in which they interact and make decisions within groups and organizations.

Facilitators:

Alan Ruiz, MFA, and Janice K. Wagner, LCSW

Alan Ruiz, MFA, is an artist and educator, originally born in Mexico, whose work examines how space is produced as material and ideology. His practice extends into the discursive form of writing, public lectures, and group workshops. He has taught classes at the Rhode Island School of Design, and Wesleyan University, and currently teaches in the School of Constructed Environments at Parsons, Eugene Lang College, The New School, and Hunter College. Alan holds Group Relations experience across a variety of different roles. He is a faculty member of the CSGSS "Leading from Experience" workshop, a Group Relations International Co-Creator, a member and certified consultant of the A.K. Rice Institute, and President of its regional affiliate, the New York Center for the Study of Groups, Organizations, and Social Systems.

Janice Wagner, LCSW, is in private practice offering psychotherapy, consultation and clinical supervision in Boston, MA. She is a Fellow of the A.K. Rice Institute, a past-president and member of the Center for the Study of Groups and Social Systems, and a Co-Creator of Group Relations International. Vice-Chair of the Reparations Committee of the A.K. Rice Institute. Experienced Group Relations conference consultant in the US, Europe, and China. Ms. Wagner worked for many years as a social worker, psychotherapist, unit director and team leader in child welfare, criminal justice, and medical/psychiatric settings. She is a former Clinical Supervisor, Faculty Field Advisor and Group Work Instructor at Boston University, Boston College, and Simmons College Schools of Social Work. She is a graduate of Smith College School for Social Work and holds a certificate in Psychoanalytic Psychotherapy from the Boston Institute for Psychotherapy.

SFCP Annual Group Relations Weekend APRIL 26 & 27, 2025 cont.

Location & Registration:

We will meet on April 26 and 27, 2025, Saturday and Sunday, at SFCP from 9 am to 5 pm. Both days will involve working in both large and small groups.

We have room for 24 participants; 8 spots will be filled by the COG members, and 16 openings remain. We aim to be inclusive and will work to create a group that represents diversity of membership on many levels. We welcome new participants to the group process experience and encourage those who have participated before to join us again. All are welcome.

The fee for the weekend is \$600. This includes two days of paid facilitation, coffee, breakfast, lunch, and snacks. Financial assistance is available. To support our commitment to accessibility, those who are able and willing may choose to contribute an additional amount during the registration process. Your generosity is deeply valued.

If you wish to register for the event, please fill out the following form:

<https://forms.gle/bGdxgaiz24ZJf8eT8>

We will respond to your inquiry and provide confirmation regarding the availability of space in the group.

Questions:

Please contact any member of the committee if you have questions or wish to learn more.

Committee on Groups Members:

Ari Bachrach, PMHNP-BC

Ben Goldstone, MFT

Mia Gutfreund, LCSW

Fei Hu, MFT

Brett Penfil, MFT

Mayumi Pierce, MD

Jane Reingold, MFT

Sydney Tan, PsyD

Group Relations Weekend - Testimony

The 2025 Group Relations weekend is coming up. I attended last year, which makes it sound like a time-bound experience. It's not. The "weekend" has stayed with me for 9 months. It has a Hotel California (Eagles, 1976) sensibility. The space had its own riches and feels haunting. "You can check out any time you like but you can never leave" feels apt, but the weekend had more interesting set of take-aways.

The first morning there seemed to be swirling vortices of thought within the group. In my mind I noticed a thought I wanted to have would be followed by thoughts I didn't want to be having. Each thought would be followed by an awareness that when a thought was intimated or spoken by someone else, the intensity of that thought wave dissipated. But the unspoken thoughts seemed to be floating around in our groupthink, appeared to find resonance in the unspoken thoughts of others and then something would be manifest. That "thing" could feel both dreadful and a relief or joyful and infuriating or some other pairing that would make me want to own it and disavow it at the same time. As these pairings bloomed, I often felt like I couldn't watch but, in fact, I couldn't look away.

Someone seemed to volunteer to become the group scapegoat. It was irritating, painful to watch and I wanted to believe that I wasn't part of pinning the person in the role. I felt relief that it wasn't me or anyone I was close to. At one point I thought the person had left and I was stunned to have the thought that I knew who would take the scapegoat role next. Was I really tracking that? Some part of me was.

Various group members shared generous and provocative thoughts and seemed to offer a clear way forward for the group for a bit. Sometimes the group seemed to ride along on the ripples of these insights and remarks. At other times the words of the "caring person" seemed kind but empty and I would sense that the person had spoken a nice thing from the groupthink and what was left to say were the not-so-nice things. I would feel an anxiety to speak to get my voice in the mix before the collection of the group's thoughts had been drained of the easy or welcomed ideas and only the difficult things were left. It was unpleasant to raise the latter, but I also felt some pressure to do so because if they weren't said, they would be acted out and all of us would be cast members.

Now I notice these and other dynamics from the weekend in my clinical day. A patient talks about something that happened between her and her colleagues; another describes exchanges that unfurled in their vacation. Classes, meetings and family gatherings are full of iterations of these interactions. Like at the Hotel California, I had a strangely mixed sense. It is captured in the Eagle's line "we are all just prisoners here of our own device" where there is a desire to be accountable for my behavior as well as an awareness that I was in something that is inescapable.

Group Relations Weekend - Testimony

The experiences I had during the Group Relations weekend in 2024 visit me often, in snippets or as evolving and revolving questions. I attended the event with prior group processes in mind, and those past events were quickly eclipsed as the weekend itself is as unique as it is made by its moment in time and by its participants. Very broadly speaking, the weekend created a space for dialogue but also, and maybe most potently, for acting in and acting out. It is structured enough to allow for unexpected encounters, and not so structured that it tames these when they occur. I found that the weekend extended some of the ongoing work in my personal analysis, allowing me to experience aspects of it in an expanded field, and giving me the opportunity to find it in a new way within my personal analysis.

Clearly defined themes arose quickly over the course of the weekend, and it was these themes, dynamics, tensions, and queries that the group applied itself to with a lot of various feelings and reactions. These themes are long-standing ones: of outside/inside demarcations; of belonging and not belonging; questions of responsibility and ethics; effects and causes of conflict; the compelling attraction of controversy, as well as its fast decline or submergence; the profound anxieties around leadership roles. I found it instructive to be assisted in observing the roles I took up and played in these various discourses, and perhaps most importantly, I was enriched by the variety of perspectives that I suspect only a group process can offer to us.

Renu Cappelli, MFT, PhD

SFCP, APsA, and the Recent San Francisco Hotel Strike

The SFCP Leadership Team and the Diversity, Equity, and Inclusion Steering Committee independently expressed concerns about the recent UNITE HERE hotel workers union strike in San Francisco as an issue of diversity, equity, and inclusion, given the largely minority make-up of the union and the union's serious concerns about low pay, healthcare benefits, and other protections. Concerns about the impact of the strike were focused in relation to the fact that the American Psychoanalytic Association (APsA) had scheduled its National Meeting to be held at the San Francisco Palace Hotel, February 4 - 9, 2025. Would psychoanalysts and other mental health professionals be faced with a choice between skipping an important national meeting versus crossing a picket line in order to attend? Many would not attend. But, above and beyond that pressing concern, the strike raised our awareness of a major issue related to mental health and racial equity. Would psychoanalytic organizations take a stand?

In response to these concerns, a member of the DEI Steering Committee reached out for advice to a Federal Mediator, who was not involved in this dispute, and reached out to the APsA Scientific Program & Meetings Director and the APsA President-Elect to clarify APsA's position in relation to the strike. The SFCP Leadership Team stayed in contact with a local SFCP Community Member who was able to speak for the union. We were pleased to learn that the APsA Meetings Director had been in daily contact with union representatives and that APsA Board Members had also been in contact with the union. The Executive Committee kept in touch with all of these proceedings. APsA clearly decided that the National Meeting would not be held at the Palace Hotel if the strike continued. This decision was taken despite the fact that quite likely APsA would lose the money for its hotel contract, and the additional fact that most likely the National Meeting could not take place at all. APsA leadership also decided that in the future all contracts for hotel meeting space would require that APsA be informed of all related union contracts. To coordinate these and related issues going forward, APsA established a new Meetings Department to be chaired by a psychoanalyst member, Sumru Tufekcioglu.

Fortunately, the strike was settled under terms quite acceptable to the union, and the National Meeting will go forward at the Palace Hotel. We were pleased that leadership of SFCP and of APsA became involved.

A Letter from Cheryl Goodrich - Diversity, Equity, and Inclusion Conversations

1/26/2025

Dear Colleagues,

This morning, I attended the second module of the “DEI Conversations” training with David Luna, MBA, JD, the consultant SFCP has engaged to assist us with our interests in creating a more diverse and welcoming Center. I'll admit I went into it with a kind of, I'm doing my homework attitude. And I need the CE. I thought I'd write this note to share my experience as I've heard that some members are not signing up to attend, worried the meetings have some kind of indoctrination quality.

The 2 hour meeting on Zoom was organized around a didactic segment led by David where he laid out generally accepted definitions of Implicit Bias, Racism and Systemic Racism. While I thought I basically understood these terms, I did find David added nuance that I found thought provoking. He also introduced a particular psychoanalytic perspective as a possible way to understand the persistence of racism; this was very compelling, and I hope we talk about it more in the next 2 conversations (there will be a total of 4.) Throughout the meeting David provided citations, something he hadn't done in the first DEI Conversation I attended a couple of months ago.

The 13 attendees met in small Zoom breakout groups of 3 or 4 to discuss the information and ideas David had presented and to talk about our experiences with these problems. This was the most interesting part for me--talking with my colleague/friends about the real way we meet these problems in our practices, families, community and organizations. The people I was in group with were honest about their struggles, and I felt we were respectful of each other. The larger group of 13 also talked together after the 2 small group discussions.

Overall, I'd recommend this second conversation 'module' as it was thought provoking, and a good exchange with colleagues I rarely see but enjoy talking with. I find David to be an expert in understanding this field of thought and open to discussion and debate.

All best wishes,
Cheryl

SFCP Community Members - Mentoring Program!

Would you like to meet with an analyst to discuss your questions about psychoanalytic thinking and clinical work? We'd love to meet with you! The Mentoring Program at SFCP matches participants with analyst mentors to discuss the mentee's interest in psychoanalytic work.

The Mentoring Program is open to mental health clinicians at all levels of training and experience, who are SFCP Community Members, an easy and fun community to join! Mentors meet once a month with mentees for the academic year.

Examples of Topics to Discuss:

- Information, resources and literature to help a mentee explore particular areas of interest. For example: work with particular populations such as trauma survivors; current thinking about LGBTQ issues; the impact of race, class and culture on psychological life; child work; mindfulness; research about psychoanalytic process; and psychoanalytic interfaces with other fields such as poetry, literature, neurosciences
- How to choose among current activities, programs, courses, and services offered by SFCP that are relevant to the mentee's interests and stage of training
- Questions about developing as a psychoanalytic psychotherapist and about psychoanalytic training
- Connecting the mentee with colleagues who the mentor thinks might be a valuable resource based on the mentee's interest in a particular subject

You must be an SFCP Community Member to apply for this program, here is the link to become a Community Member: [update](#)

And here is the link to the Mentoring Program: [update](#)

"I'm new to private practice and was looking to get mentoring and support from someone with a deep knowledge of psychotherapy. During our initial meetings I was able to get several very practical and pressing questions answered and feel more confident about seeing clients in my new private practice setting. We discussed psychoanalytic approaches to working with parents and children, which helped me to move forward with my cases and also to consider aspects that I had not previously considered. I have a particular interest in mindfulness and my mentor put me in touch with a therapist who incorporates mindfulness into a psychodynamic therapy practice. In addition, I work with children and my mentor referred me to the Child Colloquium, where I met other clinicians and heard a very helpful presentation. I feel very fortunate to meet with my mentor as needs arise."

Matt Higgins LCSW, Community Members Mentoring Program

Contact: Holly Gordon, DMH
hollygordon4@gmail.com

COST: FREE to SFCP Community Members.

LINK TO APPLICATION: [update](#)

QUESTIONS: If you have questions about the program, please contact:

Holly Gordon, DMH hollygordon4@gmail.com

AN INVITATION TO MEMBERS FROM THE NEWSLETTER COMMITTEE:

Do you have a passion or hobby you love? A story or life experience that shaped who you are? We want to hear from you!

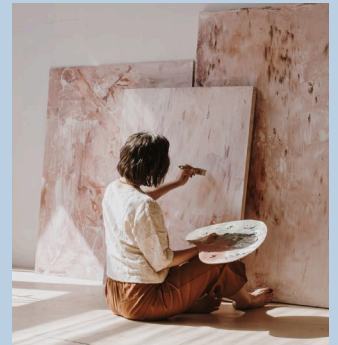


The newsletter committee wants to promote the idea that we are each a whole person, with a history, a family, and relationships—with people, animals, plants, and with institutions, cultures, societies, etc. Both inside and outside the Center, we are involved in projects, occupations, interests, passions, and concerns .

To this end, we are inviting members to participate in the newsletter by giving our readers an opportunity to experience the variety, complexity and diversity in the current lives and histories of our members.

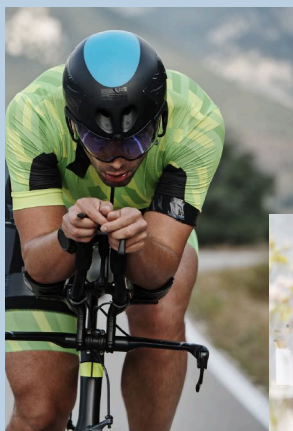
We want to know who you are, how you have come to where you are, what occupies and compels you—within and without the field of psychoanalysis.

Are you producing, creating or building something? Are you generating or participating in an interesting project? Maybe you are passionate about a concern, and want to express it. Or you would like to express something simple, short, or lighthearted.



We welcome each and every one of you to take this opportunity to share a piece of your life with other members.

When you are ready , please reply to this email with an indication of what you might be interested in sharing, and how you would like to share it-- whether you would like someone to interview you, or you would like to write something yourself—maybe a short story or essay.Or maybe you would like to show the result of something you have produced or created.



To stimulate your imagination, here are some possible topics to explore:

A person, incident or idea that influenced me

A problem I am solving or have solved

Something I love doing

What drew me to psychoanalysis

Something I have achieved

Been there, Done that

Something I think about a lot

Something I would like to do

Something I wish I had done.

In observance of Black History Month, the SFCP Library encourages members to make cultural literacy an important part of the celebration.

Our library offers a vast collection of over 13,000 items, including books, journals, and reference materials dedicated to psychoanalysis and related fields.

While our primary focus is on psychoanalytic literature, we recognize the importance of diverse perspectives and encourage exploration of works that intersect with African American history and culture.

SFCP LIBRARY

**Librarian, Rashmita Sriram
rashmita.sriram@sfc.org**



Annual Giving Campaign Update!

Our 2024-2025 Goals

1. RAISE \$130,000
2. EARN THE SUPPORT AND PARTICIPATION OF **ALL** SFCP MEMBERS
3. INCREASE THE NUMBER OF PARTICIPANTS FOR OUR IN-PERSON FUNDRAISING EVENTS

February Update

WE HAVE ALREADY RAISED
\$51,510! THAT IS 39.6% OF OUR
GOAL.

WE ALSO HAVE 12.8% OF OUR
MEMBERS' PARTICIPATION SINCE
OUR LAUNCH 3 MONTHS AGO!

[CLICK HERE TO CONTRIBUTE!](#)



AGC: First Community Building Event of 2024-2025



In January, Dena and Paul Sorbo graciously opened her home to host a very warm and welcoming wine and cheese party and a silent wine auction for community building. Thank you to our hosts, and to everyone who came! We had a great turn out.



Please consider coming to the next community building event later this month!





THE ENRICO JONES FUND FOR EQUITY AND EQUALITY

97 people of color have received
tuition credits since 2021

- 15 students received tuition credits in 2021
- 25 students received tuition credits in 2022
- 27 students received tuition credits in 2023
- 30 students are estimated to receive tuition credits in 2024

This fund was established in memory of Enrico E. Jones, PhD, an African American Psychologist and Professor of Psychology at UC Berkeley who did his analytic training at SFPI and was a Faculty member of SFPI.

WAYS TO DONATE ONLINE

BY MAIL:

Payee: SFCP
ATTN: Enrico Jones Fund
444 Natoma Street
San Francisco, CA 94103

BY PHONE:

(415) 563-5815

A recipient told us:

"I strongly believe that as a psychoanalytic community, we all benefit from the Enrico Jones Fund's implicit and explicit recognition of the painful racism in our community in need of acknowledgement and repair. And for that I am the most grateful."

Join Us!

Our members' participation in this effort has been excellent, but we need a continuing effort to achieve the diversity of members which we desire. All contributions help!

DIVERSITY, EQUITY, AND INCLUSION (DEI) CONVERSATIONS

In recent years, there have been multiple requests for a **dedicated, judgment-free space** for SFCP members to:

- (1) learn about and discuss topics in the current DEI discourse*
- (2) share our challenges and anxieties in addressing these issues in teaching and clinical settings*
- (3) create psychoanalytic frameworks for working across differences within our learning groups*

As a first step toward these goals, SFCP is offering a series of online DEI Conversations, divided into **four modules**, each offered multiple times during this academic year. ***It is recommended to take the modules sequentially, as the concepts will build on each other.***

Building on the concepts and terms discussed in Module 1 (power, race, white supremacy), Module 2 will focus on bias, racism, and the impact of systemic racism.

SAVE THE DATE for **ONE** of the **MODULE #2** sessions!

Thursday, January 23, 2025 | 7:00 pm - 9:00 pm

Sunday, January 26, 2025 | 10:00 am - Noon

Monday, February 3, 2025 | 7:00 pm - 9:00 pm

Thursday, February 13, 2025 | 7:00 pm - 9:00 pm

Cost: FREE

Facilitators: David Luna, SFCP's DEI Consultant and volunteers from the DEI Steering Committee, the Strategic Direction "Promoting an Inclusive & Reflective Organization" Team, and other members

2 CE/CME credits available for FREE for SFCP members

Click here for more info and to register: <https://www.sfcps.org/dei-conversations/>





Finding One's Voice: What Psychoanalysis Can Learn from the Labor Movement

Wednesday, February 12, 2025

6:45pm - Greetings and Socializing

7:00pm – 09:00pm - Program

Location:

Online via Zoom

Presenter:

Jamie Danielle Daniels, PhD, LICSW (she/her)

Assistant Professor of Social Work & Clinical Director

Program Fee:

This program is free

Corey Datz-Greenberg, LCSW

Candidate at PINC

Private Practice, San Francisco

Former union organizer with UNITE HERE

To Register:

<https://www.sfcps.org/2025-02-12-ccsw/>

Moderator:

Anne Friedman, Ph.D., LCSW

Private Practice, Oakland

Questions?

Daniel Yu, LCSW

d.yu.lcsw@gmail.com





The Regional Bion Symposium in conjunction with SFCP presents:



James Grotstein

The James Grotstein Memorial Lectures in Comparative Psychoanalysis

Donald W. Winnicott in America

Saturday, January 25, 2025 | February 15, 2025 | March 15, 2025
Online via Zoom

Recording available to program registrants for a two-week period following each lecture

Throughout the international psychoanalytic community, James Grotstein's analytic work advocated for learning from the various analytic traditions populating its universe, especially from British Object Relations theory. In honor of Grotstein's work in comparative psychoanalytic theory, there will be a series of 3 virtual meetings featuring D.W. Winnicott's papers delivered in America, including his reflections on the incommunicado self, Kleinian notions of development, ego psychology, and American culture. Three-part series participation is encouraged, but single lecture tickets will be available.

Part 1: January 25, 2025

9AM -11AM Pacific Time

2 CE/CME Credits Available

Winnicott in San Francisco: "On Communicating and Not Communicating"

Presenter: Peter Goldberg, PhD



Donald W. Winnicott

Part 2: February 15, 2025

9AM -11AM Pacific Time

2 CE/CME Credits Available

Winnicott in Los Angeles: On The Kleinian Development

Presenter: Joseph Aguayo, PhD

Part 3: March 15, 2025

9AM -12PM Pacific Time

3 CE/CME Credits Available

Winnicott in Topeka: Ego Psychology, American Culture, and Object Relations - Style and Substance in the 'Stage of Concern'

Presenter: Stephen Seligman, DMH

Panelists: Joseph Aguayo, PhD; Peter Goldberg, PhD; and Stephen Seligman, DMH

Participants are encouraged to register for the full 3-part series for maximum immersion; however single lecture tickets are also available.

Pre-registration is required.

	General Admission	SFCP Members	Candidates & SFCP Students
Full Series:	\$250	\$200	Free
Single Program Ticket:	\$125	\$100	Free
Each CE/CME Unit:	\$15	Free	Free

TO REGISTER AND LEARN MORE, VISIT:



www.sfcps.org/james-grotstein-memorial-lectures





**PALO ALTO PSYCHOANALYTIC
PSYCHOTHERAPY TRAINING PROGRAM
(PAPPTP)**

Informational
OPEN HOUSE

THURSDAY, FEBRUARY 20, 2025

7:00 - 9:00PM

IN-PERSON EVENT!

PLEASE JOIN US FOR APPETIZERS, A CLINICAL CASE DISCUSSION
AND PROGRAM INFORMATION!

PAPPTP STUDENTS AND FACULTY WILL BE ON HAND TO TALK
WITH YOU ABOUT OUR TWO-YEAR PROGRAM.

TO RSVP, CONTACT CATHERINE PHILLIPS, LCSW



catherinehphillips@gmail.com



(206) 271-0839



A PRIVATE HOME IN PALO ALTO. ADDRESS PROVIDED UPON RSVP.

FOR MORE INFORMATION ON THE PAPPTP PROGRAM, PLEASE VISIT [SFCF.ORG/PAPPTP/](https://sfcf.org/papptp/)

FILM

SCREENING AND DISCUSSION

After Sun (2022), directed by Charlotte Wells is an intimate drama that explores memory, connection, love and loss. This poignant semi-autobiographical film explores the relationship between a 11-year old girl and her father (Paul Mescal) as they vacation together at a Turkish resort. The film invites viewers to witness a moment in time and reflect on the impact that this connection will have when it is processed in the future. The father is wrestling with his depression and unspoken queerness while the daughter observes, engages and wanders in her own world as she tries to make contact with her father who she rarely sees. Their dance of connection and distraction pulls us in as we try to understand their intense wordless dance for love. Visually stunning and emotionally intense, After Sun is a beautifully rendered exploration of identity, knowing, not knowing and longing while confronting unspoken pain. Please join Reyna Cowan PsyD, LCSW as she experiences the film together with you the audience.



Discussant: Reyna Cowan, PsyD, LCSW

Reyna Cowan, PsyD, LCSW, is a psychoanalyst and a child therapist. She is a Personal and Supervising Analyst at PINC, and is faculty at both PINC and at SFCP. She teaches extensively on child and adolescent issues, primitive states, and Winnicott, as well as courses on film and film criticism. She runs a free monthly salon series for PINC linking psychoanalysis to the arts and culture called "Second Fridays." She has a private practice in Oakland where she works with adults, couples, adolescents, and children.

02.22.2025

5
PM8
PM

SNACKS AND DRINKS INCLUDED

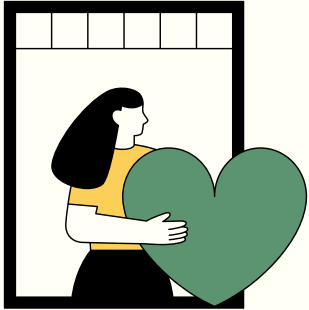
We will begin with the screening, and a discussion with the audience will follow.

FREE
EVENT!IN PERSON AT SFCP | 444 NATOMA STREET
SAN FRANCISCO, CA 94103FOR MORE INFO: www.sfcps.org/2025-02-22-child-colloquia/

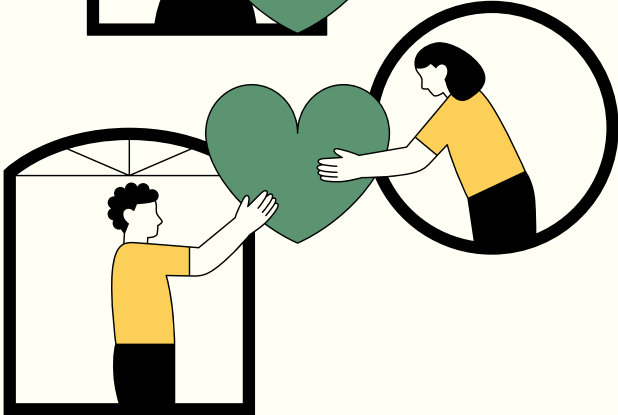


COMMUNITY BUILDING EVENT

SPONSORED BY THE FUND DEVELOPMENT COMMITTEE



LEGACY GIVING INFO EVENT



**SUNDAY,
FEBRUARY 23, 2025
1:30PM - 3:30PM**

SFCP
444 Natoma Street
San Francisco, CA 94103

Join us in our second community building event of the year while learning more about Legacy Giving and how to create a will or trust!

Speaker: Alma Soongi Beck

FREE EVENT!

Event Activities:

Legacy Giving Informational

Community Building and Mingling

Food and Drinks will be served

For More Info and to RSVP:
<https://www.sfcpsf.org/community-building-2025-02-23/>



Do you think you're too young to need a will or trust?

An estimated 70 percent of American adults have no will. Even though you may feel you have no assets, think again! Do you have a car, checking or savings account? A 401k or other retirement account? Jewelry or pets?

- A simple will or trust makes clear your assets are distributed as you intended. This could be to family, friends or a beloved nonprofit that makes a difference, such as SFCP.
- At a minimum, every adult aged 18 or older should have a financial power of attorney and health directive in place.

For those that have a will or trust:

You have your affairs in order and created an estate plan (i.e., will, trust, financial power of attorney and health directive)

- When did you last update those important documents?
- Circumstances may have changed, such as beneficiaries. Have you thought about how you can support the next generation of analysts and therapists and the long term health through a gift to SFCP?



CHILD AND ADOLESCENT
PSYCHOANALYTIC PSYCHOTHERAPY
TRAINING PROGRAM (CAPPTP)

CAPPTP OPEN HOUSE

MEET WITH FACULTY, CURRENT STUDENTS
AND OTHER PROSPECTIVE APPLICANTS!

WEDNESDAY, FEBRUARY 26, 2025
7:30PM - 8:30PM
(ONLINE)

OR

SATURDAY, MARCH 8, 2025
2:00PM - 3:00PM
(IN PERSON AT SFCP)

San Francisco Center for Psychoanalysis
444 Natoma Street, San Francisco, CA 94103

For more information and to RSVP visit:
www.sfcf.org/capptp-open-house





SCIENTIFIC MEETING

Love it, Hate it, Treat it: What every therapist needs to know about borderline personality

Scientific research has answered the major questions about borderline personality organization: it exists, it is common in clinical practice, and its core features are well-established, both theoretically and empirically. It gives rise to predictable countertransference dilemmas, with clinicians commonly reporting feeling overwhelmed, helpless, or inadequate. This program, integrating both psychoanalytic theory and empirical evidence, will review core features of borderline personality organization and their implications for treatment.

Presenter:

Jonathan Shedler, PhD

SFCP Faculty, Training and Supervising Analyst,
Chair of Science Communication for APSA, and
Clinical Professor in Psychiatry at UCSF

Jonathan Shedler is best known for his article *The Efficacy of Psychodynamic Psychotherapy*, which won worldwide acclaim for establishing psychoanalytic therapy as an evidence-based treatment.

Dr. Shedler's research and writing are shaping contemporary views of personality styles and their treatment. He is author of more than 100 scientific and scholarly articles, creator of the Shedler-Westen Assessment Procedure (SWAP) for personality diagnosis and clinical case formulation, and co-author of the Psychodynamic Diagnostic Manual (PDM-2 and forthcoming PDM-3).

**Saturday,
March 1, 2025**

10:30am - 12:00pm



In Person at

**San Francisco Center for
Psychoanalysis
444 Natoma Street
San Francisco, CA 94103**

Remote option available

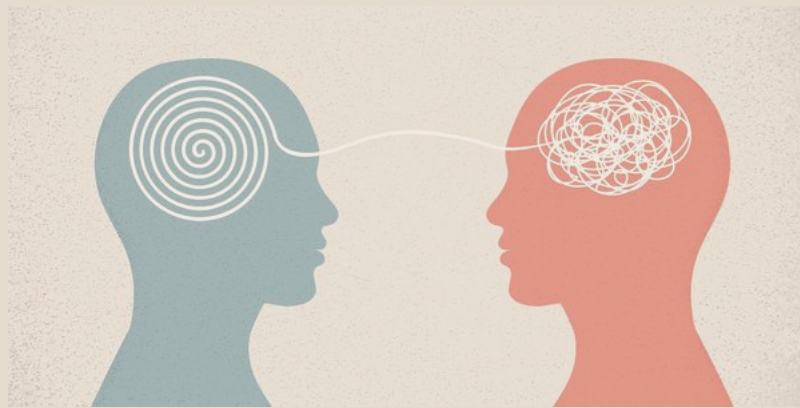
1.5 CME/CE Credits Available

*This program is free
of charge!*

**FOR CME AND PROGRAM INFO:
[WWW.SFCP.ORG/2025-03-01-
SCIENTIFIC-MEETING/](http://WWW.SFCP.ORG/2025-03-01-SCIENTIFIC-MEETING/)**



SAN FRANCISCO PSYCHOANALYTIC
PSYCHOTHERAPY TRAINING PROGRAM
(SFPPTP)



INFORMATIONAL
OPEN
HOUSE

- RIGOROUS CLASSROOM INSTRUCTION
- EXPERT SUPERVISION
- WARM COMMUNITY OF COLLEAGUES
- MENTORSHIP

THURSDAY, MARCH 6, 2025



7:00PM - 9:00PM



444 NATOMA ST. SAN FRANCISCO, CA 94103



IN-PERSON EVENT



DINNER AND DRINKS WILL BE SERVED!



[CLICK HERE TO RSVP:](#)



For more information on the SFPPTP Program, please visit www.sfcg.org/sfpptp/.

CONTACT OUR OFFICE FOR MORE DETAILS:



415-563-5815 X106



TINA.PHU@SFCG.ORG

SAN FRANCISCO
CENTER FOR
PSYCHOANALYSIS





CHILD COLLOQUIA SERIES

SATURDAY,
MARCH 8, 2025

10 AM - 12 PM

SFCP
444 Natoma Street
San Francisco, CA 94103

FREE EVENT!

A FELT-SELF: ASPECTS OF SYMBOLIZING THROUGH PSYCHOTHERAPY OF AN AUTISTIC BOY

This presentation describes the multi-year psychotherapy of a young boy on the autism spectrum. Many children diagnosed with ASD have unique sensory processing challenges. Extensive clinical material is offered to illustrate how sensation and emotion impact the development of a “felt-self”, an idea developed by an English student of Melanie Klein, Donald Winnicott, and Wilfred Bion named Frances Tustin. Tustin’s ideas on the sensory aspects of self development are presented alongside the process of symbolization that allowed this boy to tolerate awareness of his sensory experience, make connections with others, and symbolize and express his emotional experience over time. The lecture emphasizes following the changes in the child’s picture of the world as his capacity for symbolizing develops.

PRESENTER

JEFFREY EATON, MA, FIPA

DISCUSSANT

ANNE ALVAREZ, PHD, M.A.C.P.

MODERATOR

LILLY HANSON, MFT

TO REGISTER AND TO RSVP VISIT:

www.sfcpsf.org/2025-03-08-child-colloquia/





CHILD COLLOQUIA SERIES

Coming Out as Gender Fluid: "That's what threw him."



This talk will include a case of an adolescent dealing with his identifying as bisexual and gender fluid. He feared talking to his parents about this, especially his father, whose masculinity was more traditional as in valuing competition, not showing feelings, and trying to act like a hero. I will use some theory from analytical psychology to discuss how manifestations of gender expansiveness become challenging and look at the concept of a "cultural unconscious" to understand how tolerance and acceptance can come about.

**SATURDAY, MARCH 22, 2025
10AM – 12PM**

IN PERSON EVENT at
SFCP
444 Natoma Street
San Francisco, CA 94103

PRESENTER: ROBERT TYMINSKI, DMH
DISCUSSANT: HOLLY GORDON, DMH

FREE EVENT!

For more information and to register, visit:
www.sfcps.org/2025-03-22-child-colloquia/



You're Invited to SFCP's

wine, cheese, & chocolate party

*An Open House for Community Building,
in support of The Annual Giving Campaign*

HOSTED BY AMY WALLERSTEIN FRIEDMAN, MICHAEL DONNER, AND ROBIN
DEUTSCH AT AMY'S HOME IN PIEDMONT
(ADDRESS WILL BE PROVIDED UPON RSVP)

Sunday, March 23, 2025
3-5pm

PLEASE RSVP HERE
IF YOU PLAN TO ATTEND



SAVE THE DATE!

SATURDAY, APRIL 5, 2025
3:00-5:00 PM

**AN AFTERNOON OF
POETRY AND ART**

*A FUNDRAISING EVENT FOR THE CANDIDATE TRAINING GRANTS
FOR EQUITY AND DIVERSITY PROGRAM*

SAN FRANCISCO CENTER FOR PSYCHOANALYSIS
444 NATOMA STREET
SAN FRANCISCO, CA 94103

The goal of the Candidate Training Grant program is to make psychoanalytic training more affordable and accessible to individuals affected by systemic inequities which have previously served as barriers to pursuing analytic training (e.g. race-based or class-based inequities).

STAY TUNED! MORE INFORMATION TO COME.



SFCP'S ANNUAL GROUP RELATIONS WEEKEND

The Committee on Groups (COG) would like to invite you to participate in the upcoming SFCP Annual Group Relations Weekend.

A group relations conference is an event where participants engage in experiential learning about group dynamics, organizational behavior, and leadership. It is a unique form of professional development and personal growth that combines theory and practice. Participants work together in small and large groups to explore the dynamics of power, authority, and interpersonal relationships.

The conference is facilitated by experienced group relations consultants who guide participants in their learning process. The goal of a group relations conference is to provide individuals with an opportunity to deepen their understanding of themselves, their relationships with others, and the ways in which they interact and make decisions within groups and organizations.



**APRIL 26- 27
2025**

9AM - 5PM

FACILITATORS

**ALAN RUIZ, MFA, AND
JANICE K. WAGNER, LCSW**

SFCP
444 Natoma Street
San Francisco, CA

EVENT COST

\$600

This includes two days of paid facilitation, coffee, breakfast, lunch, and snacks. Financial assistance is available. To support our commitment to accessibility, those who are able and willing may choose to contribute an additional amount during the registration process. Your generosity is deeply valued.

We have room for 24 participants; 8 spots will be filled by the COG members, and **16 openings remain.**

All are welcome!

**FOR MORE INFORMATION AND TO REGISTER, VISIT:
www.sfcpsf.org/annual-group-relations-weekend/**



SFCP
PSYCHOANALYTIC EDUCATION
DIVISION

SAVE THE DATE!

GRADUATION 2025

CHARLES FISHER, MD
GRADUATION SPEAKER



Saturday, May 10, 2025

Ceremony: 3:00pm - 4:30pm

Reception: 4:30pm - 6:15pm

Reception will be at SFCP.

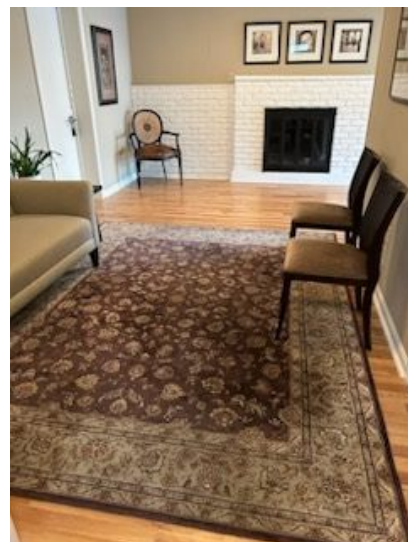
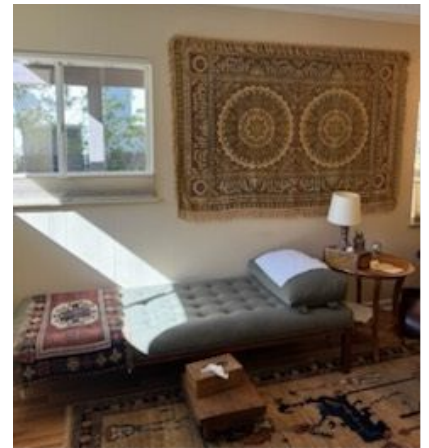
Stay tuned for details!

OFFICE SUBLEASE DOWNTOWN LOS ALTOS

Sunny fully furnished office in a charming four office suite in downtown Los Altos with abundant parking. The suite offers a range of shared amenities, including a beautiful waiting room with call lights, a kitchen equipped with a microwave, refrigerator, and conference table, as well as shared WIFI, printer, shredder and two bathrooms. Suite occupies the entire building which has wood flooring throughout and is occupied by three psychoanalysts and a psychoanalytically-oriented psychiatrist.

Office measures 170 square feet and rent is \$2,000/month with daily sublet options available at \$100/day.

For more information please contact Elizabeth Biggart, PhD at ebiggart@comcast.net.



OFFICE FOR RENT

LAUREL HEIGHTS SAN FRANCISCO

Beautiful, large psychotherapy office in Laurel Heights. Sunny, hardwood floors, fireplace with built in bookshelves. In suite with three other offices.

Rent is \$1297/month, plus utilities.

Available March 1.

Contact Neil Talkoff at: 415-686-0323 or neiltalkoff@sbcglobal.net.



The Robert S. Wallerstein Lecture in Psychoanalysis and Psychotherapy

You are invited to join us for

The 2025 Robert S. Wallerstein Lecture in Psychoanalysis and Psychotherapy

"On the Double Provenance of the Unconscious"

Presented by

Francisco J. González, PhD

Personal and Supervising Analyst • Community Psychoanalysis Supervising Analyst • Faculty Member • Co-Director, Community Psychoanalysis Track • Psychoanalytic Institute of Northern California



In discussion with



Oluwatosin Adebisi, MD, MPH

Resident Physician • Psychiatry Residency Training Program • Department of Psychiatry and Behavioral Sciences • UCSF Weill Institute for Neurosciences

Wednesday, March 26, 2025

1:00–4:00 p.m. PDT

UCSF Nancy Friend Pritzker Psychiatry Building
675 18th St. • San Francisco, CA

[Click here to register now](#)

CME/CE credit available • See below for details

Educational objectives

Upon completion of this activity, the learners will be able to:

- Describe the definition of "belonging" in group terms according to the theory of group analyst Rene Kaes
- Describe what is meant by the double provenance of the unconscious and give an example
- Explain how community psychoanalysis uses principles of conventional psychoanalysis such as unconscious process and counter/transference

About this year's honoree

Francisco J. González, MD, is a personal and supervising analyst, community psychoanalysis supervising analyst, and faculty member at the Psychoanalytic Institute of Northern California (PINC), where he also helped found and serves as co-director of the Community Psychoanalysis Track. He is also a faculty member at the NYU Postdoctoral Program in Psychoanalysis.

Dr. González's teaching and writing focus on the articulation of the social within individual and collective psychic life, including in the domains of gender, sexuality, racialized difference, immigration, film, and groups, and has been the recipient of the Symonds Prize (2009), the APSA Ralph E. Roughton Paper Award (2017), and co-recipient of the *JAPA* Award for the Best Published Paper (2019). He serves on the editorial boards of *Psychoanalytic Dialogues*, the *Journal of the American Psychoanalytic Association*, and *Parapraxis*, and served on the Holmes Commission on Racial Equality in American Psychoanalysis. He practices privately in San Francisco and Oakland and in the public domain at Instituto Familiar de la Raza in San Francisco.

About this lecture series

The [Robert S. Wallerstein Lecture in Psychoanalysis and Psychotherapy](#) is given annually in honor and remembrance of the late Professor Robert S. Wallerstein, MD, who served as chair of the UCSF Department of Psychiatry from 1975–1985. The series is focused on showcasing psychoanalytic knowledge and clinical expertise that influence psychiatry, psychotherapy, and psychoanalysis.

Dr. Wallerstein was a distinguished psychiatrist, psychotherapy researcher, and psychoanalytic leader who left a legacy of a widened scope of theory and technique in the psychological sectors of psychiatry. He was an administrator who advocated for cooperation between psychiatrists, psychologists, and social workers in achieving academic excellence and sought to develop a new profession, the Doctor of Mental Health. He also developed a departmental structure that worked across professional lines,



leading to new ideas on research centers, educational plans, and high quality service delivery.

2025 Wallerstein Lectureship Committee

Joseph Zamaria, PsyD, ABPP, *chair*
Kathryn DeWitt, PhD
Amy Wallerstein Friedman, LCSW
Adam Goldyne, MD
Mary Susan Hansen, MD

Mardi Horowitz, MD
Marc Jacobs, MD
George Silberschatz, PhD
Katherine Straznickas, PhD
William Wolfe, MD

Claiming CME/CE credit

This program is approved for up to 3 *AMA PRA Category 1*TM CME/CE credits, which are managed by the San Francisco Center for Psychoanalysis (SFCP). To receive credits, you will need to complete a program evaluation, which will be sent a week after the program ends. Completion of the evaluation is required to request credits. CME/CE credits are free for SFCP members and cost \$45 for non-members. Payment can be made when you complete the evaluation.

For questions, please contact the SFCP office at office@sfc.org or [\(415\) 563-5815](tel:(415)563-5815).



Psychoanalytic Couple Psychotherapy Group Intensive Study Program

Accepting Applications for Fall 2025 Program from
January 15, 2025 until March 31, 2025!

The ISP is a local in-person program, using a hybrid model when Covid conditions necessitate it.

PCPG is excited to offer our Intensive Study Program in Psychoanalytic Psychotherapy in the Fall of 2025. We offer a unique, theoretically grounded immersion in psychoanalytic thinking about couple relationships and couple psychotherapy, in a warm, collaborative community. PCPG's program is designed to help licensed clinicians deepen their understanding of the pressures and dynamics that affect couple relationships through the study of contemporary psychoanalytic theory.

PCPG's program explores foundational ideas that have been developed over the last 50 years at Tavistock Relationships in London, including the thinking of Bion, Klein, Britton, Winnicott, Bollas, and other British Object Relations theorists, toward understanding the ways unconscious dynamics impact couple relationships. We also include additional contemporary psychoanalytic thinking, such as relational psychoanalysis, self-psychology, attachment theory, link theory, and field theory as they illuminate our understanding of couple life. Our theoretically based program offers a strong grounding for work with couples grappling with a variety of issues at any point in their lives.

Through paired didactic and case discussion meetings, we explore a wide range of topics, including the implications of Oedipal development on couple functioning, unconscious object choice and shared unconscious anxieties, the role of projection in structuring couple relationships, sexualities, technical application of theory, transference and countertransference in work with couples, as well as special topics such as divorce and separation, affairs, high-conflict couples, narcissism, parenthood, aging, and other topics. Woven into our courses are attention to race, gender, sexuality, privilege, and culture.

We are dedicated to building a warm, rigorous, and creative community of psychoanalytic couple psychotherapists, and you will be a part of the PCPG community upon completion of the 3rd year of study. PCPG offers ongoing, enriching educational events for its members.

We are actively seeking to include a broader and more diverse range of applicants to apply to the PCPG Intensive Study Program and have established two tuition reduction funds - a fund for licensed therapists who identify as a person of color and another fund for licensed therapists who have substantial financial need. Each applicant may be granted a tuition credit of up to a maximum of \$500 per year, to be determined by fund availability. For more information specific to these tuition reduction funds, please contact Dr. Shelley Nathans at DrShelleyNathans@gmail.com.

Visit our website, www.pcpgbayarea.com, for more detailed information about our program.

[Click here for application instructions!](#)