

SAN FRANCISCO CENTER FOR PSYCHOANALYSIS



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SEEKING AN SFCP NEWSLETTER EDITOR!

We are very grateful to **Ric Almond** for his service as SFCP Newsletter editor these past 2 years. Ric has let us know that he needs to step back from this position due to his 'bi-coastal lifestyle' and multiple other commitments, and we are now seeking a new Editor for the SFCP Newsletter. This position involves working with the SFCP office to review the content of the SFCP Newsletter each month (September - June), as well as any other creative innovations you would like to bring! If interested, please contact marialonguemaremd@gmail.com for more information.

Seeking Ombudspeople

The Board Chair, Brett Penfil, continues to seek several SFCP members to serve as Ombudspeople. The Ombudspeople fill an immensely important role for the entire membership. Any member can reach out to one of the Ombudspeople at any time for confidential support about issues they are experiencing from being part of the SFCP community. In the past, SFCP has had one Ombudsperson – an analyst. Based on feedback during strategic planning and in other venues, the role will now be shared by at least one analyst, one candidate, and one community member. Each works separately to preserve members' confidentiality, and any member will be able to contact whichever Ombudsperson they would like to seek support from.

Please see the Ombuds job description at this link:

https://docs.google.com/document/d/1tiSTRmVjbXIJ9-a4dTH3-2MkRi_XI-Q/edit?usp=sharing&ouid=111224448925018847587&rtpof=true&sd=true

Please contact Brett Penfil at brett@brettpenfil.com if you are interested in talking about this role.

While we are seeking Ombudspeople, if you would like to talk to someone, please contact either Marcia Hodges at marcia.hodges@sfc.org or Brett Penfil at 415-824-3242 or brett@brettpenfil.com, who will keep your request confidential and connect you to someone for help.

Child and Adolescent Psychoanalytic Psychotherapy Program Report

CAPPTP is excited to be opening up admissions for our 2025-2027 cohort of learners! As we continue to get feedback that opportunities are ever more rare for early career psychotherapists to learn how to do child and adolescent psychoanalytic psychotherapy, we are committed to maintaining and growing an effective learning space to expand our capacity to provide youth oriented training. For this reason the team will be maintaining a hybrid model to create more learning opportunities for local, national and international learners interested in working with youths. Please share our application materials with potential CAPPTP students you might know and through your networks!

SFCP Community Members - Mentoring Program!

Would you like to meet with an analyst to discuss your questions about psychoanalytic thinking and clinical work? We'd love to meet with you! The Mentoring Program at SFCP matches participants with analyst mentors to discuss the mentee's interest in psychoanalytic work.

The Mentoring Program is open to mental health clinicians at all levels of training and experience, who are SFCP Community Members, an easy and fun community to join! Mentors meet once a month with mentees for the academic year.

Examples of Topics to Discuss:

- Information, resources and literature to help a mentee explore particular areas of interest. For example: work with particular populations such as trauma survivors; current thinking about LGBTQ issues; the impact of race, class and culture on psychological life; child work; mindfulness; research about psychoanalytic process; and psychoanalytic interfaces with other fields such as poetry, literature, neurosciences
- How to choose among current activities, programs, courses, and services offered by SFCP that are relevant to the mentee's interests and stage of training
- Questions about developing as a psychoanalytic psychotherapist and about psychoanalytic training
- Connecting the mentee with colleagues who the mentor thinks might be a valuable resource based on the mentee's interest in a particular subject

You must be an SFCP Community Member to apply for this program, here is the link to become a Community Member: [update](#)

And here is the link to the Mentoring Program: [update](#)

"I'm new to private practice and was looking to get mentoring and support from someone with a deep knowledge of psychotherapy. During our initial meetings I was able to get several very practical and pressing questions answered and feel more confident about seeing clients in my new private practice setting. We discussed psychoanalytic approaches to working with parents and children, which helped me to move forward with my cases and also to consider aspects that I had not previously considered. I have a particular interest in mindfulness and my mentor put me in touch with a therapist who incorporates mindfulness into a psychodynamic therapy practice. In addition, I work with children and my mentor referred me to the Child Colloquium, where I met other clinicians and heard a very helpful presentation. I feel very fortunate to meet with my mentor as needs arise."

Matt Higgins LCSW, Community Members Mentoring Program

Contact: Holly Gordon, DMH
hollygordon4@gmail.com

COST: FREE to SFCP Community Members.

LINK TO APPLICATION: [update](#)

QUESTIONS: If you have questions about the program, please contact:

Holly Gordon, DMH hollygordon4@gmail.com

Happy
New year

2025

May every second of the new
year be filled with happiness
and new hopes.

-SFCP

SFCP Library



As we step into the New Year, we want to take a moment to express our heartfelt gratitude for your continued support and engagement with the SFCP library. It has been our pleasure to provide resources and foster learning through the library.

We hope your holiday season was filled with warmth, reflection, and renewal. Whether you spent it diving into a research project, exploring new ideas, or simply enjoying moments of peace, we are grateful for the ways you make the SFCP library a vibrant and inspiring space.

We look forward to another year of connecting, growing, and exploring together. Here's to a fantastic year ahead filled with discovery and opportunities. Thank you for being a part of our library community!

With warm wishes,
Your librarian,
Rashmita Sriram
rashmita.sriram@sfcplibrary.org





THE ENRICO JONES FUND FOR EQUITY AND EQUALITY

97 people of color have received
tuition credits since 2021

- 15 students received tuition credits in 2021
- 25 students received tuition credits in 2022
- 27 students received tuition credits in 2023
- 30 students are estimated to receive tuition credits in 2024

This fund was established in memory of Enrico E. Jones, PhD, an African American Psychologist and Professor of Psychology at UC Berkeley who did his analytic training at SFPI and was a Faculty member of SFPI.

WAYS TO DONATE ONLINE

BY MAIL:

Payee: SFCP
ATTN: Enrico Jones Fund
444 Natoma Street
San Francisco, CA 94103

BY PHONE:

(415) 563-5815

A recipient told us:

"I strongly believe that as a psychoanalytic community, we all benefit from the Enrico Jones Fund's implicit and explicit recognition of the painful racism in our community in need of acknowledgement and repair. And for that I am the most grateful."

Join Us!

Our members' participation in this effort has been excellent, but we need a continuing effort to achieve the diversity of members which we desire. All contributions help!



Therapy and Medications:

How can child and adolescent clinicians work collaboratively with psychiatrists?

WITH ROSS ANDELMAN, MD, MFA

Please bring questions and vignettes about collaboration to present. There will be extensive time for audience discussion.

The purpose of this talk is pro-active marital therapy. We will discuss the state of the art of treatment and how that relates to evidenced-based therapeutics. We will cover the nature and range of training, experience, and expected role of various players; the nature of a psychiatric evaluation; the role of medication in treating youth with mental disorders, treatment considerations and controversies; the timing and methods of making a referral to a psychiatrist and how to involve other stake-holders. Communication is the essential ingredient in a successful collaboration.



**SATURDAY,
JANUARY 11, 2025**

**SFCP
444 Natoma Street
San Francisco, CA 94103**

IN - PERSON EVENT

For more information and to register:

<https://www.sfcpsf.org/2025-01-11-child-colloquia/>



YOU'RE INVITED TO SFCP'S

WINE & CHEESE

party

AN OPEN HOUSE FOR COMMUNITY BUILDING,
SPONSORED BY THE ANNUAL GIVING CAMPAIGN

SUNDAY, JANUARY 12, 2025
3PM - 6PM

**BID ON
VINTAGE
WINES AT THE
SILENT
AUCTION!**

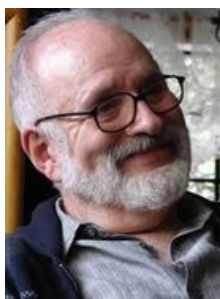
HOSTED BY
PAUL AND DENA SORBO
AT THEIR HOME IN MOUNTAIN VIEW
(ADDRESS PROVIDED UPON RSVP)

[PLEASE RSVP HERE!](#)





THE SOCIAL UNCONSCIOUS: BEYOND THE INDIVIDUAL AND BEYOND THE GROUP JUAN TUBERT-OKLANDER IN CONVERSATION WITH JYOTI RAO



"Life is unitary and the 'individual', 'group', and 'society' are mere abstractions..."

- Juan Tubert-Oklander

Juan Tubert-Oklander in conversation with Jyoti Rao, will explicate the social dimension in its cultural, political, and ecological aspects that psychoanalytic theories have often minimized. Participants are invited to join these thinkers as they identifying psychoanalytic contributions to the construction of a "New Paradigm of the Human Being"

Juan Tubert-Oklander is a world renowned teacher, author and individual and group psychoanalyst. He has published extensively on the social unconscious and the integration of the social, political and spiritual dimensions in his pursuit of a comprehensive psychoanalytic paradigm.

Jyoti M. Rao is a psychoanalyst and faculty at the San Francisco Center for Psychoanalysis, and holds faculty appointments at The Asian American Center for Psychoanalysis and the New York Psychoanalytic Society and Institute. Her publication, clinical work, and contributions as an analyst member of the SFCP demonstrate an admirable understand of group life and dynamics.



Saturday, January 18, 2025
9:30 AM - 11:30 AM



SFCP
444 Natoma Street
San Francisco, CA 94103

Remote attendance available.

1.5 CME/CE Credits Available!

\$ 40 — General Admission
\$ 20 — SFCP Analyst Members
\$ 30 — SFCP Associate Members
\$ 35 — SFCP Community Members
Free — SFCP and non-SFCP
Candidates, PPTP Trainees and
Students*

To Register:

<https://www.sfc.org/2025-01-18-dialogues-in-contemporary-psychoanalysis/>



DIVERSITY, EQUITY, AND INCLUSION (DEI) CONVERSATIONS

In recent years, there have been multiple requests for a **dedicated, judgment-free space** for SFCP members to:

- (1) learn about and discuss topics in the current DEI discourse*
- (2) share our challenges and anxieties in addressing these issues in teaching and clinical settings*
- (3) create psychoanalytic frameworks for working across differences within our learning groups*

As a first step toward these goals, SFCP is offering a series of online DEI Conversations, divided into **four modules**, each offered multiple times during this academic year. ***It is recommended to take the modules sequentially, as the concepts will build on each other.***

Building on the concepts and terms discussed in Module 1 (power, race, white supremacy), Module 2 will focus on bias, racism, and the impact of systemic racism.

SAVE THE DATE for **ONE** of the **MODULE #2** sessions!

Thursday, January 23, 2025 | 7:00 pm - 9:00 pm

Sunday, January 26, 2025 | 10:00 am - Noon

Monday, February 3, 2025 | 7:00 pm - 9:00 pm

Thursday, February 13, 2025 | 7:00 pm - 9:00 pm

Cost: FREE

Facilitators: David Luna, SFCP's DEI Consultant and volunteers from the DEI Steering Committee, the Strategic Direction "Promoting an Inclusive & Reflective Organization" Team, and other members

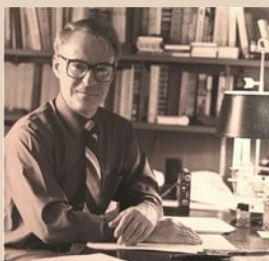
2 CE/CME credits available for FREE for SFCP members

Click here for more info and to register: <https://www.sfcps.org/dei-conversations/>





The Regional Bion Symposium in conjunction with SFCP presents:



James Grotstein

The James Grotstein Memorial Lectures in Comparative Psychoanalysis

Donald W. Winnicott in America

Saturday, January 25, 2025 | February 15, 2025 | March 15, 2025
Online via Zoom

Recording available to program registrants for a two-week period following each lecture

Throughout the international psychoanalytic community, James Grotstein's analytic work advocated for learning from the various analytic traditions populating its universe, especially from British Object Relations theory. In honor of Grotstein's work in comparative psychoanalytic theory, there will be a series of 3 virtual meetings featuring D.W. Winnicott's papers delivered in America, including his reflections on the incommunicado self, Kleinian notions of development, ego psychology, and American culture. Three-part series participation is encouraged, but single lecture tickets will be available.

Part 1: January 25, 2025

9AM -11AM Pacific Time

2 CE/CME Credits Available

Winnicott in San Francisco: "On Communicating and Not Communicating"

Presenter: Peter Goldberg, PhD



Donald W. Winnicott

Part 2: February 15, 2025

9AM -11AM Pacific Time

2 CE/CME Credits Available

Winnicott in Los Angeles: On The Kleinian Development

Presenter: Joseph Aguayo, PhD

Part 3: March 15, 2025

9AM -12PM Pacific Time

3 CE/CME Credits Available

Winnicott in Topeka: Ego Psychology, American Culture, and Object Relations - Style and Substance in the 'Stage of Concern'

Presenter: Stephen Seligman, DMH

Panelists: Joseph Aguayo, PhD; Peter Goldberg, PhD; and Stephen Seligman, DMH

Participants are encouraged to register for the full 3-part series for maximum immersion; however single lecture tickets are also available.

Pre-registration is required.

	General Admission	SFCP Members	Candidates & SFCP Students
Full Series:	\$250	\$200	Free
Single Program Ticket:	\$125	\$100	Free
Each CE/CME Unit:	\$15	Free	Free

TO REGISTER AND LEARN MORE, VISIT:



www.sfcps.org/james-grotstein-memorial-lectures





SCIENTIFIC MEETING

Leadership in a Time of Polarization

Psychoanalytic institutes and centers are in need of leadership to carry on the history and education of psychoanalysis while also addressing changes in the internal and external culture. Leadership is its own area of study and practice that most psychoanalysts and psychoanalytic psychotherapists have little to no experience with. This program is aimed at introducing participants to the fundamental need for developing leaders in our organizations and addressing some of the fundamentals of being a leader.

Presenters:

Harriet Wolfe, MD

Faculty, SFCP; President, International Psychoanalytic Association

Brett Penfil, MFT, MPH

Board of Trustees Chair, SFCP

Brett Penfil is a professional consultant to organizations in addition to being a psychoanalytic psychotherapist and current Board Chair of SFCP. Harriet Wolfe has led a wide range of organizations including SFCP, The American Psychoanalytic Association, and currently the International Psychoanalytic Association. She writes and speaks on the subject of leadership.

1.5 CME/CE Credits Available

*This program is free
of charge!*

**Saturday,
February 1, 2025**

10:30am - 12:00pm



In Person at

**San Francisco Center for
Psychoanalysis
444 Natoma Street
San Francisco, CA 94103**

Remote option available

**FOR CME AND PROGRAM INFO:
[WWW.SFCP.ORG/2025-02-01-
SCIENTIFIC-MEETING/](http://WWW.SFCP.ORG/2025-02-01-SCIENTIFIC-MEETING/)**





**PALO ALTO PSYCHOANALYTIC
PSYCHOTHERAPY TRAINING PROGRAM
(PAPPTP)**

Informational
OPEN HOUSE

THURSDAY, FEBRUARY 20, 2025

7:00 - 9:00PM

IN-PERSON EVENT!

PLEASE JOIN US FOR APPETIZERS, A CLINICAL CASE DISCUSSION
AND PROGRAM INFORMATION!

PAPPTP STUDENTS AND FACULTY WILL BE ON HAND TO TALK
WITH YOU ABOUT OUR TWO-YEAR PROGRAM.

TO RSVP, CONTACT CATHERINE PHILLIPS, LCSW



catherinehphillips@gmail.com



(206) 271-0839



A PRIVATE HOME IN PALO ALTO. ADDRESS PROVIDED UPON RSVP.

FOR MORE INFORMATION ON THE PAPPTP PROGRAM, PLEASE VISIT [SFCF.ORG/PAPPTP/](https://sfcf.org/papptp/)

FILM

SCREENING AND DISCUSSION

After Sun (2022), directed by Charlotte Wells is an intimate drama that explores memory, connection, love and loss. This poignant semi-autobiographical film explores the relationship between a 11-year old girl and her father (Paul Mescal) as they vacation together at a Turkish resort. The film invites viewers to witness a moment in time and reflect on the impact that this connection will have when it is processed in the future. The father is wrestling with his depression and unspoken queerness while the daughter observes, engages and wanders in her own world as she tries to make contact with her father who she rarely sees. Their dance of connection and distraction pulls us in as we try to understand their intense wordless dance for love. Visually stunning and emotionally intense, After Sun is a beautifully rendered exploration of identity, knowing, not knowing and longing while confronting unspoken pain. Please join Reyna Cowan PsyD, LCSW as she experiences the film together with you the audience.



Discussant: Reyna Cowan, PsyD, LCSW

Reyna Cowan, PsyD, LCSW, is a psychoanalyst and a child therapist. She is a Personal and Supervising Analyst at PINC, and is faculty at both PINC and at SFCP. She teaches extensively on child and adolescent issues, primitive states, and Winnicott, as well as courses on film and film criticism. She runs a free monthly salon series for PINC linking psychoanalysis to the arts and culture called "Second Fridays." She has a private practice in Oakland where she works with adults, couples, adolescents, and children.

02.22.2025

5
PM8
PM

SNACKS AND DRINKS INCLUDED

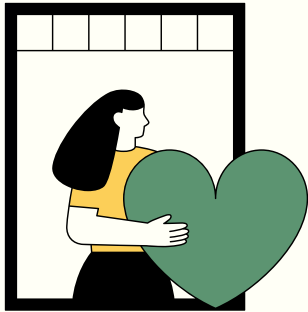
We will begin with the screening, and a discussion with the audience will follow.

FREE
EVENT!IN PERSON AT SFCP | 444 NATOMA STREET
SAN FRANCISCO, CA 94103FOR MORE INFO: www.sfcps.org/2025-02-22-child-colloquia/

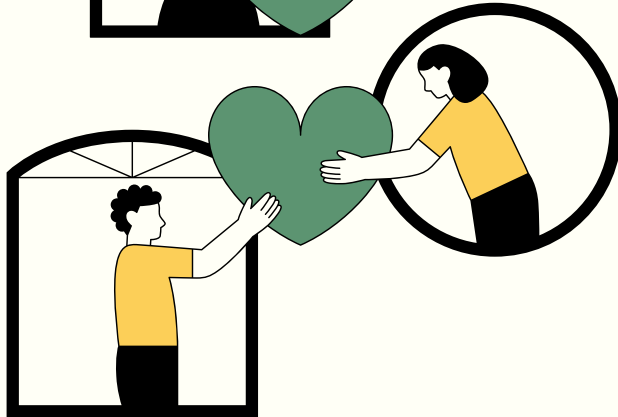


COMMUNITY BUILDING EVENT

SPONSORED BY THE FUND DEVELOPMENT COMMITTEE



LEGACY GIVING INFO EVENT



**SUNDAY,
FEBRUARY 23, 2025
1:30PM - 3:30PM**

SFCP
444 Natoma Street
San Francisco, CA 94103

Do you think you're too young to need a will or trust?

An estimated 70 percent of American adults have no will. Even though you may feel you have no assets, think again! Do you have a car, checking or savings account? A 401k or other retirement account? Jewelry or pets?

- A simple will or trust makes clear your assets are distributed as you intended. This could be to family, friends or a beloved nonprofit that makes a difference, such as SFCP.
- At a minimum, every adult aged 18 or older should have a financial power of attorney and health directive in place.

For those that have a will or trust:

You have your affairs in order and created an estate plan (i.e., will, trust, financial power of attorney and health directive)

- When did you last update those important documents?
- Circumstances may have changed, such as beneficiaries. Have you thought about how you can support the next generation of analysts and therapists and the long term health through a gift to SFCP?

Join us in our second community building event of the year while learning more about Legacy Giving and how to create a will or trust!

FREE EVENT!

Event Activities:

Legacy Giving Informational

Community Building and Mingling

Food and Drinks will be served

For More Info and to RSVP:

<https://www.sfcpsf.org/community-building-2025-02-23/>



**SFCP'S ANNUAL GROUP
RELATIONS WEEKEND**

**APRIL 26-
27 2025**

9AM - 5PM

**SFCP
444 Natoma Street
San Francisco, CA**

**SAVE
THE
DATE**

MORE DETAILS TO COME!

Member Announcements!

Recently Retired? Big Anniversary?
Special Announcements? Milestones?

A Member's Passing?

We want to acknowledge our members' milestones, achievements, and other announcements! Please email nicole.lee@sfcpc.org if you want to share your news so that we can post it in the newsletter!





PCPG

Psychoanalytic Couple
Psychotherapy Group

Do you work with couples?

Are you interested in learning more about the Psychoanalytic Couple Psychotherapy Group's Intensive Study Program in psychoanalytic couple therapy?

You are warmly invited to attend a PCPG Intensive Study Program Information Session, where you'll have an opportunity to learn about the program and the application process for the 2025-2026 program year. There will be ample time to ask questions of the Program Director, the Admissions Chair and two graduates of the program.

When:

Sunday, January 12, 2025
3:00 PM - 4:00 PM

Where:

This event will be held via Zoom

Applications for the 2025-2026 program are open
January 15 to March 31, 2025

The Intensive Study Program is an in-person program that meets on Friday afternoons in Downtown Berkeley. See [PCPG's website](#) for more information about the program.

Please share this information with anyone you know who might be interested.
We hope to see you at the Information Session!

NOTE: The ISP is intended to be a local in-person program. We are currently operating with a hybrid model in which there is an option for participants to join virtually when Covid conditions necessitate it.

[Click here to register](#)

Please register by January 11, 2025

REGIONAL BION
SYMPOSIUM presents:

FREE BOOK LAUNCH!

with
DAVID TUCKETT

*Knowing What Psychoanalysts Do
and Doing What Psychoanalysts
Know*

ONLINE
SUNDAY, JANUARY 26, 2025
9:00AM - 11:00AM PST



Knowing What
Psychoanalysts Do
and Doing What
Psychoanalysts Know

David Tuckett, Elizabeth Allison,
Olivier Bonard, Georg J. Bruns,
Anna L. Christopoulos,
Michael Diercks, Elke Hinze,
Marinella Linardos, and Michael Sebek
Assisted by Abbot Bronstein and Marie Radden

Join David Tuckett as he discusses a comparative analytic framework set out in a new book, *Knowing What Psychoanalysts Do and Doing What Psychoanalysts Know*.

His presentation addresses a fundamental question: How, in everyday sessions do psychoanalysts locate their patient's unconscious?

REGISTER HERE

Order book below with 30% discount at Rowman & Littlefield with promo code: **4F24KWPD**

This is a free
Regional Bion Symposium
online event open to all who register.

Registrants will receive a Zoom link from joseph.aguayo@gmail.com
two days before the meeting on January 26, 2025