

SAN FRANCISCO CENTER FOR PSYCHOANALYSIS



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SEEKING AN SFCP NEWSLETTER EDITOR!

We are very grateful to **Ric Almond** for his service as SFCP Newsletter editor these past 2 years. Ric has let us know that he needs to step back from this position due to his 'bi-coastal lifestyle' and multiple other commitments, and we are now seeking a new Editor for the SFCP Newsletter. This position involves working with the SFCP office to review the content of the SFCP Newsletter each month (September - June), as well as any other creative innovations you would like to bring! If interested, please contact marialonguemaremd@gmail.com for more information.

SFCP Board Chair's Report

Welcome to the 2024-25 academic year at SFCP! I hope you were able to enjoy your summer and are returning with interest and curiosity.

The Board of Trustees held its first Board Meeting of the year on September 16th by Zoom. In addition to Board Committee reports (summarized below), the Board spent a majority of the meeting considering its own functioning as a group. I shared themes from conversations I had with each Trustee during the summer asking about our functioning – especially regarding conversations about diversity, equity, and inclusion. After reflecting on these themes, the Board brainstormed group agreements – how we want to work together – and discussed a new format for Board meetings. The new format will focus the Board's time on dialogue about organization-wide issues, finances, and information that requires a Board vote. At the October Board meeting – which will be held in person – we will practice our new format, finalize our group agreements, and use an extra hour to build more relationships and teamwork among the group. Our efforts are intended to enable the Board to think more as a group about strategic-level issues impacting the organization and use our work to help other areas of the organization. I will continue to provide updates on our progress throughout the year.

Committee Reports

- Finance Committee: SFCP ended the 2023-24 fiscal year with \$110,000 income over expenses. This money will be reinvested into SFCP's future.
- Nominating and Governance Committee: The Board needs to recruit at least two more analyst trustees. Please contact Marc Wallis.
- Facilities Committee: The roof improvements were completed at the end of August. Some changes have been made to the main room sound system and further updates will be made as needed.
- Annual Giving Campaign Committee: Total giving for the 2023-24 annual giving campaign was \$118,397 against the goal of \$130,000. A total of 136 members contributed, including 28 new donors.

The Board of Trustees hosted this year's Annual Meeting on September 21st. This meeting – usually held at the end of the academic year – was held this month to also serve as a Welcome Back reception. Board Committees and the SFCP President, Maria Longuemare, shared progress made during the 2023-24 year and highlighted plans for 2024-25. Distinguished Service Awards were also presented. (Please see page 12 for the information on each award recipient.) The approximately 50 members in attendance enjoyed a lively meeting and a community-centered reception. We hope to see even more members at next year's meeting.

As always, please contact me with any questions, concerns, or input.

Thank you to everyone for continuing to create the Center. Enjoy the year!

Brett Penfil

Seeking Ombudspeople

The Board Chair, Brett Penfil, continues to seek several SFCP members to serve as Ombudspeople. The Ombudspeople fill an immensely important role for the entire membership. Any member can reach out to one of the Ombudspeople at any time for confidential support about issues they are experiencing from being part of the SFCP community. In the past, SFCP has had one Ombudsperson – an analyst. Based on feedback during strategic planning and in other venues, the role will now be shared by at least one analyst, one candidate, and one community member. Each works separately to preserve members' confidentiality, and any member will be able to contact whichever Ombudsperson they would like to seek support from.

Please see the Ombuds job description at this link:

https://docs.google.com/document/d/1tiSTRmVjbXIJ9-a4dTH3-2MkRi_XI-Q/edit?usp=sharing&ouid=111224448925018847587&rtpof=true&sd=true

Please contact Brett Penfil at brett@brettpenfil.com if you are interested in talking about this role.

While we are seeking Ombudspeople, if you would like to talk to someone, please contact either Marcia Hodges at marcia.hodges@sfc.org or Brett Penfil at 415-824-3242 or brett@brettpenfil.com, who will keep your request confidential and connect you to someone for help.

President's Report from the 2023-2024 Annual Meeting

SFCP honors members who died in 2023-24:

Erik Gann, MD

Christian Steen Larsen, MD

Bennett Markel, MD

Hello everyone. Before I begin my report, I want to acknowledge the profound loss to our community of the SFCP members who died this past year: Dr. Erik Gann, Dr. Christian Steen Larsen, and Dr. Bennet Markel. A special tribute is owed to Erik as he was so instrumental in the formation and design of the Center – I think it is fair to say that without Erik Gann there would be no San Francisco Center for Psychoanalysis. All of these members are greatly missed, and we are so grateful for their presence and their contributions over so many years.

Tending to our SFCP Community:

Recovery and Sustainability

SFCP Annual Meeting

September 21, 2024

President's Report: Maria Longuemare

Speaking of gratitude, I want to start this report by acknowledging the incredible work of so many talented people that is required to keep this organization of 570 members going. It is a lot.

To read the full report that was presented at the Annual Meeting on Saturday, September 21st, please view it [at this link](#).

NEIL BRAST, MD, CATHERINE PHILLIPS, LCSW, AND TINA ST. LORANT, LMFT
CO-CHAIRS, PAPPTP

Report from the Co-Chairs of the Palo Alto Psychoanalytic Psychotherapy Training Program

The cohort is beginning their second year and off to a good start!

MARY-STONE BOWERS, LMFT AND MADELEINE LANSKY, MD
CO-CHAIRS, CAPPTP

Report from the Co-Chairs of the Child and Adolescent Psychoanalytic Psychotherapy Training Program

CAPPTP is excited to begin Year Two! Please do invite therapists interested in developing their child and adolescent psychoanalytic psychotherapy to consider applying to join us! We are busily organizing ourselves so that newcomers to our steering committee will feel welcome and oriented, and are thrilled to welcome those new members who have already joined! Please reach out to CAPPTP if you would like to be involved in offering child and adolescent psychoanalytic psychotherapy training, as such training opportunities are becoming ever more scarce in the Bay Area, and SFCP offers a vital opportunity to learn from a dedicated and talented teaching staff.

Art Committee: Call for Art Donations

To Members of SFCP,

Under the auspices of the leadership of SFCP we have formed an ad hoc art committee. Our task is to review, re-arrange, and expand the art that is shown in our building.

We hope that through this process SFCP will feel more welcoming and inclusive and will enrich the historical and cultural experiences of our shared physical space.

We are currently looking into the history and provenance of the pieces that are currently on display. We have space for a few more pieces of two-dimensional and three-dimensional art, and we are putting out a call for donations. We can only accept art that is ready to hang or display. We encourage our SFCP members who are also artists to contribute their work. We do need to point out that our space is limited and thus we will only be able to accept a few pieces, but we are excited to have the opportunity to introduce a variety of artworks to our Center.

Any member who would like to donate a piece of art to be permanently housed at SFCP, please send a photo of the art work including a title, description, the dimensions and the year it was done to Nicole.lee@sfcg.org by November 1, 2024.

Thank you,

Milton Schaefer
Renu Cappelli
Tua Mulligan
Jane Dulay
Amy Wallerstein Friedman

SFCP Community Members - Mentoring Program!

Would you like to meet with an analyst to discuss your questions about psychoanalytic thinking and clinical work? We'd love to meet with you! The Mentoring Program at SFCP matches participants with analyst mentors to discuss the mentee's interest in psychoanalytic work.

The Mentoring Program is open to mental health clinicians at all levels of training and experience, who are SFCP Community Members, an easy and fun community to join! Mentors meet once a month with mentees for the academic year.

Examples of Topics to Discuss:

- Information, resources and literature to help a mentee explore particular areas of interest. For example: work with particular populations such as trauma survivors; current thinking about LGBTQ issues; the impact of race, class and culture on psychological life; child work; mindfulness; research about psychoanalytic process; and psychoanalytic interfaces with other fields such as poetry, literature, neurosciences
- How to choose among current activities, programs, courses, and services offered by SFCP that are relevant to the mentee's interests and stage of training
- Questions about developing as a psychoanalytic psychotherapist and about psychoanalytic training
- Connecting the mentee with colleagues who the mentor thinks might be a valuable resource based on the mentee's interest in a particular subject

You must be an SFCP Community Member to apply for this program, here is the link to become a Community Member: [update](#)

And here is the link to the Mentoring Program: [update](#)

"I'm new to private practice and was looking to get mentoring and support from someone with a deep knowledge of psychotherapy. During our initial meetings I was able to get several very practical and pressing questions answered and feel more confident about seeing clients in my new private practice setting. We discussed psychoanalytic approaches to working with parents and children, which helped me to move forward with my cases and also to consider aspects that I had not previously considered. I have a particular interest in mindfulness and my mentor put me in touch with a therapist who incorporates mindfulness into a psychodynamic therapy practice. In addition, I work with children and my mentor referred me to the Child Colloquium, where I met other clinicians and heard a very helpful presentation. I feel very fortunate to meet with my mentor as needs arise."

Matt Higgins LCSW, Community Members Mentoring Program

Contact: Holly Gordon, DMH

hollygordon4@gmail.com

COST: FREE to SFCP Community Members.

LINK TO APPLICATION: [update](#)

QUESTIONS: If you have questions about the program, please contact:

Holly Gordon, DMH hollygordon4@gmail.com

SFCP Library

For any inquiries, you can also contact the librarian, Rashmita Sriram, at rashmita.sriram@sfcg.org. She will be happy to assist you with any questions.

CLICK [HERE](#) TO ACCESS THE LIBRARY'S HOME PAGE.

The SFCP library is open to all visitors whenever the center is operating.

Our librarian will be available to assist you every Friday from 9 AM to 1 PM. Whether you need help with research, finding the right materials, or just a quiet place to study, we're here to support your learning journey.

We look forward to another enriching year with you at the SFCP Library!



LOST AND FOUND

Please claim your lost items!



If any of these items are yours, or anyone's you recognize, please email us. If these aren't claimed by the end of the December 2024, we will donate them. Thank you.

nicole.lee@sfcpc.org



THE ENRICO JONES FUND FOR EQUITY AND EQUALITY

97 people of color have received
tuition credits since 2021

- 15 students received tuition credits in 2021
- 25 students received tuition credits in 2022
- 27 students received tuition credits in 2023
- 30 students are estimated to receive tuition credits in 2024

This fund was established in memory of Enrico E. Jones, PhD, an African American Psychologist and Professor of Psychology at UC Berkeley who did his analytic training at SFPI and was a Faculty member of SFPI.

WAYS TO DONATE ONLINE

BY MAIL:

Payee: SFCP
ATTN: Enrico Jones Fund
444 Natoma Street
San Francisco, CA 94103

BY PHONE:

(415) 563-5815

A recipient told us:

"I strongly believe that as a psychoanalytic community, we all benefit from the Enrico Jones Fund's implicit and explicit recognition of the painful racism in our community in need of acknowledgement and repair. And for that I am the most grateful."

Join Us!

Our members' participation in this effort has been excellent, but we need a continuing effort to achieve the diversity of members which we desire. All contributions help!

DISTINGUISHED SERVICE AWARDS

**ARI BACHRACH,
PMHNP-BC (WRITTEN
AND PRESENTED BY
BRETT PENFIL, MFT,
MPH)**

Ari Bachrach contributes to many important areas of SFCP – all while balancing the commitment of being a candidate. He serves on the Strategic Planning Operations Team, the Reflective and Inclusive Strategic Direction Team, the Vision and Mission Writing Team, and the Committee on Groups. As a member of the latter, he co-facilitates a PPTP Work Group. As both his co-facilitator of the Work Group and a colleague on several teams with him, I am thrilled to honor Ari with a Distinguished Service Award.

Ari is personable, thoughtful, practical, down-to-earth, trustworthy, and committed to both values and getting work accomplished. As another colleague shared, "Ari has made outstanding contributions to SFCP and the SFCP community through his generous involvement across numerous committees and initiatives. He consistently brings thoughtfulness, integrity, and creativity to all of his efforts within the community. Ari's contributions demonstrate a powerful commitment to building a more effective, inclusive, and joyful SFCP." Another colleague offered this reflection on Ari. "Ari is a leader but doesn't even know it. These are the best leaders-the ones who don't know and aren't seeking leadership. These types of leaders create followers who

need the kind of vision and emotional strength that Ari embodies. I have worked with Ari in many group settings and while other group members are parsing out their thoughts by speaking, Ari is working and producing-in other words Ari is taking action-and the end result is always professional, meaningful, and impactful."

Thank you, Ari, for your continued commitment and engagement with psychoanalysis and SFCP. We are all better for your hard work and presence.

THANK YOU!



THANK YOU!



THANK YOU!

DISTINGUISHED SERVICE AWARDS

**NEIL BRAST, MD
(WRITTEN AND
PRESENTED BY MARY
MCMILLAN, MFT)**

Neil and I are here to express deep appreciation for the way he has shared his time and energy, his intelligence and innovation, and, maybe most importantly, his heart, with the people at the Center.

Neil grew up on the West side of Chicago, and got his Bachelor's from the University of Chicago. He earned his medical degree from Stanford, and, in the year 2000, he became a psychoanalyst.

In about 2006, Ric Almond asked Neil to help start the Palo Alto Psychoanalytic Psychotherapy Training program. Ric says, "Neil's



work has been critical to the start-up and sustenance of this program. He has provided a consistent presence and many original ideas." Although Neil continues to be very involved in maintaining the Palo Alto program, he is also generously engaged in several teams and in other programs in the center.

Of course, the center needs all our members to participate in the new and ongoing work we do, but it is people like Neil who keep the Center stable and strong.

THANK YOU!



THANK YOU!



THANK YOU!

DISTINGUISHED SERVICE AWARDS

**KARIM DAJANI, PSYD
(WRITTEN AND
PRESENTED BY MARIA
LONGUEMARE, MD, PHD)**

It is very fitting that the name Karim means ‘generous’ in Arabic, as Karim embodies such extraordinary generosity in the multiple ways he has shared with us his intellect, his creativity, and his passion for psychoanalysis, as well as his consciousness, kindness, and care for ALL people. Karim’s seminal scholarly contributions on the social unconscious have expanded and enriched both the theory and practice of psychoanalysis, yielding groundbreaking insights into the classical psychoanalytic literature as well as new perspectives on the social dimension of the clinical dynamic.

His publications, teaching, and workshops are in much demand, with multiple invitations to speak and teach both nationally and internationally. Over this past year, Karim (a Palestinian who grew up in Beirut) has been engaged in a letter-writing project of “analytic action” with Eyal Rozmarin (an Israeli colleague who grew up in Tel Aviv) in which they are meeting “for the first time, to write about the impact the current catastrophe in their homeland is having on their souls, about the trauma and resilience in their families’ histories, and about the relevance of psychoanalytic thinking today.” (ROOM: A Sketchbook for Analytic Action 2.24). All of this work requires much emotional and intellectual labor, which Karim manages to conduct with

humility, dignity and brilliance. At a local level at SFCP, we are so fortunate to have Karim’s contributions as a teacher, supervisor, and training analyst in the analytic training and psychotherapy programs, as well as his service on the PED curriculum committee, and most recently on the DEI Steering Committee. As part of that work, Karim has helped to develop curricular resources addressing the social unconscious, race, and ethnicity – centering BIPOC authors and other marginalized voices – for use in our teaching programs. At a personal level, I feel privileged to have come to know Karim, and I am so grateful for the patience, wisdom and generosity he has shown to me as a dear friend.

THANK YOU!



THANK YOU!



THANK YOU!

DISTINGUISHED SERVICE AWARDS

AUDREY DUNN, LCSW
(WRITTEN AND
PRESENTED BY
CLARA KWUN, LCSW)

Audrey is the kind of staff person that every committee and community would like to have as a member. She is unfailingly reliable, thorough and generous. On top of that, she always is thinking about the good of the group rather than her own individual “glory.” Audrey has been a part of CCSW since its inception. She has had many roles: being on the original steering committee, presenting at a clinical evening, teaching in our program, mentoring, and being an all around glue person. Most recently she has been co-chairing the extension



division with Daniel Yu and she has had the thankless job of herding our CCSW group of faculty to write their syllabi, get them in on time, writing the CEU applications for us and following through with all the students from the beginning to their exit from the program and evaluation of the courses. We have had occasion to thank Audrey for her generosity and faithfulness before but would like to do so again, at this juncture. Even while we have been assailed by changes at SFCU, CCSW and the world, it has been valuable to have Audrey being a steadying force who keeps us to task. Thank you so much, Audrey.

THANK YOU!**THANK YOU!****THANK YOU!**

DISTINGUISHED SERVICE AWARDS

**GENIE DVORAK, PSYD
(WRITTEN AND
PRESENTED BY
MAUREEN
KURPINSKY, PHD)**

I have known Genie for many years and have witnessed time and again her foundational attribute of dedication and contribution to psychoanalysis and to the welfare of patients and students. That “Genie way” has continued in her work at SFCP. At SFCP Genie is a respected teacher, supervisor and case conference leader. She has served on many committees and community research projects. She was also the recipient of the JAPA award for her outstanding SFCP graduation paper.

Nominating Genie for the DSA



was with a specific view to her work on the SFCP Faculty Committee pop-up meetings. Genie contributed generously to the development of the pop-up themes and in addition, worked with speakers to curate the discussions and served as co-moderator. Genie’s generosity of

time and thought contributed greatly to the success of these events.

Generous is a word that tends to recur in describing Genie. In whatever she engages, it is with generosity, humility, honesty and grace.

THANK YOU!



THANK YOU!



THANK YOU!

DISTINGUISHED SERVICE AWARDS



CHERYL GOODRICH, PSYD (PRESENTED BY MARIA LONGUEMARE, MD, PHD AND WRITTEN IN COLLABORATION WITH LAURA COLEMAN, LMFT)

Cheryl has been an extremely steady, constructive and productive contributor to SFCP for decades, both locally on the peninsula and in the wider organization. She was one of the originators of PAPPTP - the original psychotherapy training program at SFCP – which has had many offshoots that have now grown into the Psychoanalytic Psychotherapy Education Division. She has taught in many SFCP programs throughout the years – Extension Division, PAPPTP, PED, – as well as serving on the Board of

Trustees, the Finance committee, the Annual Giving Campaign, the Windholz Fund, and countless other committees and Task Forces. Cheryl is seen as an anchor and a mainstay on the peninsula, and to quote Laura, “for most of us she is THE kind and generous, go-to person for professional, smart, ethical, sensible and big-picture advice. Cheryl is also part of long-time psychoanalytic study group and clinical teaching group bringing e.g., Fonagy and Bateman into the area by way of her Stanford clinical faculty work. She is especially appreciated for her professionalism and camaraderie.” Cheryl has been instrumental in promoting diversity within the SFCP programs. In memory of her late husband Enrico Jones, she founded the Enrico Jones Fund for Equity and Excellence which has supported tuition for many students of color in our analytic training program, our psychotherapy training programs and the CCSW. Throughout her career, Cheryl has also been committed to supporting psychoanalytic research and the intellectual life of the Center, and this year restarted the Scientific Meetings series for our members, in conjunction with Hank Massie. Cheryl also stepped in with grace and good will to a year and a half of service as SFCP president when the organization was really struggling to find those willing to lead. At a personal level she has been extremely generous with her support and encouragement to me in this role, and I am very grateful to have come to know her through all of her efforts for SFCP.

THANK YOU!



THANK YOU!



THANK YOU!

DISTINGUISHED SERVICE AWARDS



MARIA LONGUEMARE, MD, PHD (WRITTEN BY BETH STEINBERG, PHD AND PRESENTED BY CLARA KWUN, LCSW)

Maria's contributions to SFCP are extremely profound, encompassing not only tireless work but also leadership, vision, initiative, and creativity. In her role as PED Curriculum Chair, she (along with Associate Chair Adam Goldyne) redesigned a vibrant, rigorous curriculum and recruited both our own as well as new talented faculty, and our feedback from our candidates about the classroom experience is more positive than ever. As President, Maria is working to bring together the community, to consolidate our structure and our policies and to change our culture into one that is inclusive, equitable and where everyone feels they have a voice. Most importantly, not only does Maria put countless hours into this work, but anyone who has interacted with her knows that she is always available to talk, to listen – to really listen – and to change or change course when needed. In this sense she is the best kind of leader and a role model for our community. Thank you so much for all your work on our behalf, Maria!

THANK YOU!**THANK YOU!****THANK YOU!**

DISTINGUISHED SERVICE AWARDS

**HENRY (HANK) MASSIE,
MD (WRITTEN BY BETH
STEINBERG, PHD AND
PRESENTED BY MARIA
LONGUEMARE, MD, PHD)**

Hank served as a Community Trustee of the SFCP Board from 2009-2015, and advocated strongly during that period for the expansion of our organization from an institute focused around analytic training to become a Center supporting psychoanalytically oriented education to the broader community of mental health clinicians. Hank just finished another term on the Board from 2020-2024 which included service on the Annual Giving Campaign, where he was influential in how the annual campaign is structured and how



we communicate with members. During his recent tenure, Hank has been committed to helping SFCP be less of a white space by donating art that reflects more persons of color and current cultural issues. Throughout his

career, Hank has been engaged in research, and he has co-authored many publications, including many using data from the Brody longitudinal study to analyze the relationship between childhood experience, childhood abuse, and adult mental health. Hank is passionate about the intellectual life of our Center, and this past year he reinstated the Scientific Meetings along with Cheryl Goodrich, and organized a fabulous series of presentations. We are very grateful to Hank for his many years of dedicated service to SFCP.

THANK YOU!



THANK YOU!



THANK YOU!

**BREAKING
NEWS**

SFCP News

**SPECIAL
EDITION**

DISTINGUISHED SERVICE AWARDS

THOMAS OGDEN, MD

(WRITTEN AND PRESENTED BY MAUREEN KURPINSKY, PHD)

Perhaps Thomas Ogden has received the Distinguished Service Award before. He certainly merits it often for his long-standing, ongoing and exemplary contributions to the advance and energizing of psychoanalytic theory and practice.

A prolific and original thinker, internationally recognized, Thomas Ogden has distinguished SFCP with his membership. He has historically taught and continues to teach SFCP members and the larger psychoanalytic community in his weekly seminars.

We are proud of Thomas Ogden's affiliation with SFCP and grateful for his contributions to the field of psychoanalysis. He is a constant inspiration to "dream ourselves into existence."

THANK YOU!



THANK YOU!



THANK YOU!

DISTINGUISHED SERVICE AWARDS

**BRETT PENFIL, MFT, MPH (WRITTEN
AND PRESENTED BY ELIZABETH
STUART, MD)**

I am truly honored to present this year's Distinguished Service Award to someone who has been a guiding light for this community, Brett Penfil. For as long as she has been part of SFCP, Brett has shown herself to be an active participant, tireless volunteer, and, in recent years, an exceptional leader. Her dedication is deeply embedded in every aspect of her involvement with us.

Let me give you a quick overview of just how much Brett has contributed:

- Brett has served as a Board member since 2017.
- During that time, she revived the essential Nominating & Governance Committee with Steve Goldberg, a critical piece for the sustainability of our organization.
- She has been part of the Strategic Planning Operations Team for 2 years.
- Brett is also on the Leadership Development Team.

- She also served on the Strategic Direction Team for 2 years—yes, a different team with a different but equally important function! Since July 2023, she has taken on the role of Board Chair as part of a 3-year term.
- She has been a member of the Committee on Groups for the past year, through which she co-facilitates PPTP work groups.



Brett dedicates a tremendous amount of time, energy, and care to the growth and development of this organization—because she truly believes in it. Her commitment goes beyond fulfilling roles; she brings warmth, insight, and a personal investment in the success of SFCP. cont...

THANK YOU!



THANK YOU!



THANK YOU!

DISTINGUISHED SERVICE AWARDS

Here are a few reflections from Brett's colleagues, who have been privileged to work closely with her:

Steve Goldberg shares: "Brett has been tireless and devoted in her work on behalf of SFCP. I couldn't have had a better co-chair for the Board's Nominating and Governance Committee. The work was challenging at times, but we supported each other, and Brett's thoughtfulness, hard work, and sense of humor made our work more meaningful and enjoyable. She is so deserving of this award."

Ari Bachrach adds: "Brett's contributions are widespread and have a far-reaching impact for the benefit of the entire SFCP community. Her background in organizational consulting, coupled with her clinical practice, gives her a unique perspective. She deeply cares for the people in this community, and understands what it takes to make people-driven systems functional. In addition to sitting on the SPOT



(Strategic Plan Ops Team) which she Chairs, and the Committee on Groups alongside her, I have had the delightful opportunity to co-facilitate PPTP Work Groups with her. I appreciate the curiosity, openness, and humor she brings to every conversation, as well as her willingness to both lead and learn."

Marcia Hodges reflects: "To me, Brett is a rare breed at SFCP because she can think both as a therapist and as someone who understands the best practices

of organizational functioning. Five years ago, she was instrumental in developing a recruitment process for Trustees, helping the Nominating and Governance Committee find the right Board members. She was also integral in selecting our Strategic Plan consultants and remains committed to seeing those strategies implemented. Now, as Board Chair, she's guiding us through challenges as SFCP evolves into a more welcoming and diverse organization."

Brett, thank you for your leadership, your vision, and your tireless work across so many facets of this organization. Because of your efforts, we continue to grow, to adapt, and to move closer to the SFCP we all believe it can be—more organized, more inclusive, and even more welcoming.

We are truly fortunate to have you leading us during this critical moment in our history. Brett, congratulations on this well-deserved honor.

THANK YOU!



THANK YOU!



THANK YOU!

DISTINGUISHED SERVICE AWARDS

**TIMOTHY SASAKI,
LCSW (WRITTEN AND
PRESENTED BY
CLARA KWUN, LCSW)**

We, at CCSW, first met Tim when he took our extension division course. We immediately tagged him as someone we wanted to keep in our orbit, and who would have a lot to offer in the future. We recruited him to be on our steering committee, nominated him for the teacher's academy at APSA and asked him to teach in our extension division. He has also been called on to be a mentor in our programs. Tim stands out for the depth and nuanced complexity of his thinking along with a common sense roundedness. He has been working in community mental health and has brought



psychoanalytic ideas into that domain. Year after year, students comment on his class as a standout- for the quality of his teaching, his capacity to explain complex psychoanalytic principles into digestible and useable ideas. We feel grateful that so many early career community clinicians get the chance to

learn from him, and to feel supported by these ideas as they do their impossible work. Tim is someone who is integral to our programming, and also feels like the kind of social worker, clinician and teacher we all admire and respect. Thank you, Tim.

THANK YOU!



THANK YOU!



THANK YOU!

DISTINGUISHED SERVICE AWARDS



**RUTH SIMON, PHD (WRITTEN BY
LARA WEYLAND, PHD AND
PRESENTED BY DANIELA CAROLLO,
PHD)**

We were very fortunate the day Ruth agreed to join SFPPTP leadership as Curriculum Committee Chair in 2021 and she continues to serve in that role. During her time as Chair Ruth has brought to SF PPTP and the Curriculum Committee her enthusiasm for program development, a fantastic

ability to bring new people in, and her love of teaching. In addition to the many hours Ruth has so generously given as Chair, we have greatly benefited from her wide ranging network of colleagues and former students who when asked have volunteered to teach, many who are outside the SFCP community. In addition to bringing in new instructors she brings many new ideas about teaching psychoanalytic psychotherapy to early career clinicians. As Chair and instructor for SF PPTP she has earned the reputation of a very well-liked and highly regarded colleague and instructor and an encouraging and thoughtful leader of the curriculum committee. As said by her colleague and former curriculum committee member, Ania Wertz, Ruth is” eminently practical and efficient-- a rare and powerful combination, which makes her an excellent clinician, mentor, and leader.”

THANK YOU!



THANK YOU!



THANK YOU!

DISTINGUISHED SERVICE AWARDS

**AMY WALLERSTEIN FRIEDMAN, LCSW
(WRITTEN BY MILTON SCHAEFER,
PHD AND PRESENTED BY MARIA
LONGUEMARE, MD, PHD)**

In some ways Amy Wallerstein Friedman's connection to SFCP is in her bones, being the daughter of Bob and Judy Wallerstein, and she has served our community in many ways over many years. She was one of the original members of the CCSW and has taught in the program since its inception. She is also one of the original members of the Enrico Jones Committee. Through all of

these activities, Amy has demonstrated her dedication to encouraging and facilitating SFCP's commitment to a wider vision of Psychoanalysis in the community. She has been on the Board of SFCP since 2019 and quickly understood that there was a need to focus on the upkeep and maintenance of our wonderful building from the roof repairs to the burst pipes in the basement. Ever one to take action, she created and has chaired the facilities committee helping to make sure there is a sturdy and reliable container for us all. Amy said that she came by this naturally as her husband, Glenn is a structural engineer. In addition, Amy chairs the Wallerstein Fellowship Committee which generously supports important research in Psychoanalysis. Thus, in many ways, and without fanfare she has been a steady and important contributor to supporting, encouraging and enriching our work over many decades.



THANK YOU!



THANK YOU!



THANK YOU!



SCIENTIFIC MEETING

Dr. Arnold Richards's Memoir:

Unorthodox: My Life Inside and Outside of Psychoanalysis

This interview program with Arnold Richards, will explore his personal and professional life inside and outside of psychoanalysis. As a writer, publisher, editor, teacher, clinician, artist, and creative spirit for six decades, he has been "orthodox," unorthodox, and revolutionary in an astonishing variety of endeavors. The influence of his Russian Jewish father, an early Bolshevik who emigrated to America in the 1920s, contributed to his efforts for fairness and inclusion in psychoanalytic training. His recent memoir, *Unorthodox: My Life In and Outside Psychoanalysis*, will be a starting point for the interview, but we'll also touch upon innovations in his five volumes of Selected Papers, his work on "thought collectives," and his activities in publishing, Left politics, Yiddish culture, psychoanalysis in China, poetry, and photography. A reception following the program will allow time for further conversation.



Arnold Richards, MD

Featuring:

Arnold Richards, MD

In conversation with:

Charles Fisher, MD

1.5 CME/CE Credits Available

*This program is free
of charge!*

**Saturday,
October 5, 2024**

10:30am - 12:00pm



In Person at

**San Francisco Center for
Psychoanalysis
444 Natoma Street
San Francisco, CA 94103**

Remote option available

**Join us for a light lunch and conversation!
12:00pm - 1:30pm
immediately following the program**

**FOR CME AND PROGRAM INFO:
[SFCP.ORG/2024-10-05-SCIENTIFIC-MEETING/](https://sfcp.org/2024-10-05-scientific-meeting/)**



Psychoanalytic Training Informational Evening

**PLEASE JOIN FACULTY AND CANDIDATES TO EAT,
DRINK, AND LEARN ABOUT PSYCHOANALYTIC
TRAINING AT SFCP.**

**Wednesday, October 23, 2024
7:00pm - 9:00pm**

Where?

**444 Natoma Street
San Francisco, CA 94103**

Anyone interested is invited for dinner, drinks and a discussion of training to become a psychoanalyst at the San Francisco Center for Psychoanalysis.

SFCP faculty and current psychoanalytic training candidates will be there to answer the most common questions people have about psychoanalytic training:

- whether and when to apply
- the application process
- course work
- supervision
- personal analysis
- financial costs and advantages
- making your schedule work

Please RSVP at
[this link.](#)

Questions? Please contact Adam Goldyne, MD at
adamgoldynemd@gmail.com or (415) 826-9639
for a personal conversation.

Or RSVP using this
QR code:



Graduate Paper Salon

Inaugural Event

We hope this first Salon will begin a tradition of publicly acknowledging and seriously discussing the creative contributions of graduates and graduates-to-be.

Thursday, October 24
7:30 - 9:00 PM

SAN FRANCISCO
CENTER FOR
PSYCHOANALYSIS



Presenter: Madeleine Lansky, MD

Moderator: Henry Markman, MD

Madeleine is a recent graduate from SFCP who received the prestigious Ernst and Gertrude Ticho award this year from the American Psychoanalytic Association. The award recognizes and fosters the work of a promising early-career psychoanalyst who has contributed to the field through teaching, writing, research, and applied and/or clinical work. Her paper and video will also be presented at the next APsA meeting, where she will receive her award.

The Graduate Paper Salon is an informal event that allows analysts to present their graduation papers to the SFCP community for discussion. The idea of a salon is meant to suggest a relaxed setting to discuss current ideas—in this case, brought to us by recent graduates. For our first Salon, we are pleased and proud to welcome the SFCP community to hear a paper by Madeleine Lansky entitled "Supporting Frontline Workers with Down-to-Earth Psychoanalytic Concepts: Compost Happens". We will also see her video entitled "Compost Happens". Henry Markman will moderate the discussion after her presentation, in which members can take up the relevant issues raised in her evocative paper.

SFCP
444 Natoma Street
San Francisco, CA 94103
Remote option available.

For more information visit
<https://www.sfcpsf.org/10-24-2024-graduation-paper-salon>





SCIENTIFIC MEETING

BORN SMALL, ADDICTED TO GUILT:

Psychoanalysis-informed treatment of self-identified addicts with special attention to underlying shame and guilt

Psychoanalysis has generally had a marginalized role in the treatment of addictions, however a psychoanalytically informed understanding of psychological defense mechanisms that drive addicts to loose control and sobriety can be very helpful in treatment. In this presentation, Graeme Daniels, with years of experience in the field of addiction treatment, will emphasize the sense of impotence the addict feels, impotence often derived from childhood maltreatment. Oppressive helplessness drives the addict to find an escape, which often leads to substance use and/or grandiose defense mechanisms. When grandiosity fails, further substance use occurs, which in turn causes oppressive guilt and a need for further escape. The presentation will illustrate with clinical examples how non-short-term, open-minded and in-depth treatment can help a struggling addict understand their internal emotional dynamics as they emerge in a treatment that allows for the unfolding of a transference.

Graeme Daniels, MFT is the lead author of the book *Getting Real About Sex Addiction*. He teaches at SFCP, is a post-seminar candidate at SFCP, has over 25 years of experience in the field of addiction, and practices in Walnut Creek, CA.

Susan Hamlin, LCSW, Psychoanalyst, Member SFCP, will be giving Prefatory Remarks on *Addiction and Psychoanalysis*.

**Saturday,
November 2, 2024**

10:30am - 12:00pm



In Person at

**San Francisco Center for
Psychoanalysis
444 Natoma Street
San Francisco, CA 94103**

Remote option available

1.5 CME/CE Credits Available

*This program is free
of charge!*

FOR CME AND PROGRAM INFO:
WWW.SFCP.ORG/2024-11-02-SCIENTIFIC-MEETING/



Enactment: Its Provocation by the Analyst

ROBERT GROSSMARK, PH.D, ABPP is a psychoanalyst in New York City. He works with individuals, groups and couples and conducts psychoanalytic consultation and study groups.

He is on the teaching and supervising faculty at the New York University Postdoctoral Program in Psychotherapy and Psychoanalysis, The National Institute for the Psychotherapies Program in Adult Psychoanalysis, The National Training Program in Psychoanalysis, National Faculty Member, the Florida Psychoanalytic Center and lectures at other psychoanalytic institutes and clinical psychology training programs nationally and internationally. He is an Associate Editor for *Psychoanalytic Dialogues*.

He is the author of *The Unobtrusive Relational Analyst: Explorations in Psychoanalytic Companionship* and co-edited *The One and the Many: Relational Approaches to Group Psychotherapy and Heterosexual Masculinities: Contemporary Perspectives from Psychoanalytic Gender Theory*, all published by Routledge.

Saturday, November 9, 2024

9:30AM -12:30PM Pacific Time

SFCP

444 Natoma Street

San Francisco, CA 94103

Remote option available.

3 CME/CE Credits Available

Program Fee:

\$55 General Admission

\$30 SFCP Members

Free for Students

Robert Grossmark, PhD, ABPP

Presenter

Julie Ruskin, PhD

Moderator

For more information and
to register:





SCIENTIFIC MEETING

Substance Abuse in an Adolescent Boy – Waking the Object

This presentation by **Dr. Mary Brady**, expands psychoanalytic understanding and treatment when substance abuse is a central symptom in an adolescent. Her analysis of an adolescent boy abusing alcohol, marijuana, and other drugs is used to discuss unconscious object relationships that can underlie substance dependence. She will address the challenge of differentiating experimental from dangerous substance use. The boy's escalating substance use is viewed both as an effort to numb himself and to "speak" through symptoms of problems he could not yet name. Rosenfeld's (1960/1966) view of the relationship of drug addiction to an identification with an ill or dead object is used to explicate the boy's psychodynamics. Aspects of containment by the analyst that contribute in different ways to an adolescent's capacity to think about their self-destructiveness will be discussed along with the need for confrontation and ancillary care when substance abuse becomes life threatening.

Dr. Brady is an adult and child psychoanalyst practicing in San Francisco. On the Faculties of the San Francisco Center for Psychoanalysis and the Psychoanalytic Institute of Northern California, she received the American Psychoanalytic Association's Roughton Award for her writing which includes, Analytic Engagements with Adolescents, and The Body in Adolescence (Routledge 2018 and 2016). She is Editor of Braving the Erotic Field in the Treatment of Children and Adolescents, (Routledge, 2022). Her forthcoming book is titled, Psychoanalysis with Adolescents and Children: Learning to Surf (Routledge.) Dr. Brady is also the IPA North American Co-Chair for the Committee on Child and Adolescent Psychoanalysis (COCAP) and for a decade has co-led a Psychoanalysis and Film group.

**Saturday,
December 7, 2024**

10:30am - 12:00pm



In Person at

**San Francisco Center for
Psychoanalysis
444 Natoma Street
San Francisco, CA 94103**

Remote option available

*This program is free
of charge!*

**FOR CME AND PROGRAM INFO:
[HTTPS://WWW.SFCP.ORG/2024-12-07-
SCIENTIFIC-MEETING/](https://www.sfcp.org/2024-12-07-scientific-meeting/)**



Member Announcements!

Recently Retired? Big Anniversary?
Special Announcements? Milestones?
A Member's Passing?

We want to acknowledge our members' milestones, achievements, and other announcements! Please email nicole.lee@sfcpc.org if you want to share your news so that we can post it in the newsletter!





CONGRATULATIONS TO ONE
OF OUR ANALYST MEMBERS,
REBECCA SCHWARTZ, PHD!

I am especially excited to share with you the publication of my article describing my work with selectively mute children. This article resulted from my SFCP graduation paper and I thank those from our wonderfully innovative community who helped me with this endeavor.

Schwartz, R. (2024). The Beaver and the Bunny: Living in Hiding as a Selectively Mute Child. *Journal of Infant, Child, and Adolescent Psychotherapy*, 23(2), 142–153.

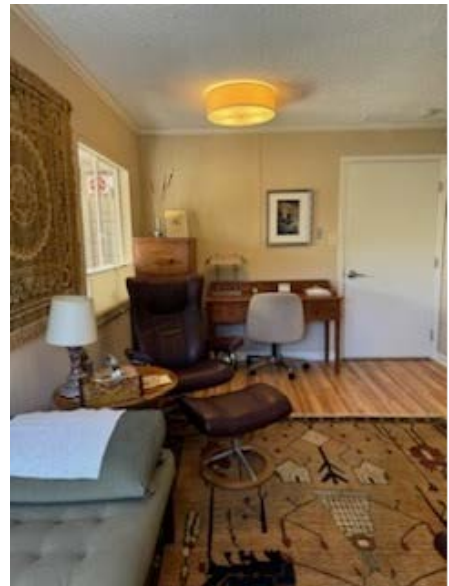
<https://doi.org/10.1080/15289168.2024.2351721>

OFFICE FOR RENT

Sunny fully furnished office in a charming four office suite in downtown Los Altos with abundant parking. The suite offers a range of shared amenities, including a beautiful waiting room with call lights, a kitchen equipped with a microwave, refrigerator, and conference table, as well as shared WIFI, printer, shredder and two bathrooms. Suite occupies the entire building which has wood flooring throughout and is occupied by three psychoanalysts.

Office measures 170 square feet and rent is \$2,000./month with daily sublet options available at \$100./day.

For more information please contact Maureen Ruffell, MD at meruffellmd@gmail.com.





NEW ENGLAND FOUNDATION
FOR PSYCHOANALYSIS

February 24, 2024

Board of Directors

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www.NEFP.us

11 Gilson Road
Wellesley, MA 02481

Dear Marcia,

We would like to introduce ourselves. The New England Foundation for Psychoanalysis is a 501c3 Public Charity based in Massachusetts. We recently received a generous bequest which enables us to give modest grants. We are contacting you to let you know that we are encouraging you to submit grant requests.

The bequest comes with the stipulation that the grants must be made for interdisciplinary psychoanalytic projects, programs and research. The grants can only be given to non-profit organizations. We hope that these grants will encourage the integration of evolving psychoanalytic principles with the arts, humanities and the sciences.

Please visit our website, www.nefp.us, for more information and for the grant application. The website includes descriptions of the recent grant recipients. Joint programs between Institutes and outside organizations will be given preference. For this year (2024) we will accept grants on a rolling basis.

We realize that this is a new and somewhat novel program, so please contact us directly with any questions you have about these grants or the grant process. We are happy to collaborate with you on your grant application. Email is the best way to reach us: NEFPpsychoanalysis@gmail.com

Sincerely,

The NEFP Board