

SAN FRANCISCO CENTER FOR PSYCHOANALYSIS



WHAT'S IN THIS ISSUE

Click the links below to get to the desired page.

- [Newletter Editor Message - 1](#)
- [Board of Trustees Report - 2](#)
- [President's Report - 3](#)
- [Diversity Equity and Inclusion Update - 4](#)
- [Report from CAPPTP Chair - 5](#)
- [Report from PAPPTP Chairs - 6](#)
- [Teams vs Committees - 7](#)
- [Community Member Mentoring Program - 8](#)
- [Photos from PED Graduation - 9](#)
- [SFCP's Annual Meeting Date Change - 11](#)
- [Library Announcement - 12](#)
- [PPED Graduates - 13](#)
- [Photos from PPED Graduation - 21](#)
- [Annual Giving Campaign Update - 22](#)
- [Enrico Jones Tuition Fund - 23](#)
- [Member Announcements - 24](#)
- [Ads and Other Events - 26](#)

PLEASE COMPLETE THIS 5 MINUTE SURVEY!

www.surveymonkey.com/r/WP8FVPV

MESSAGE FROM THE SFCP NEWSLETTER EDITOR

Richard Almond, MD
SFCP Newsletter Editor

Thank you for taking 5' to fill out this survey. The Newsletter would like to include more content from and about individual members, their unique activities and interests. We think that can contribute to our knowing each other better, and recognizing the wide range that accompanies clinical activity. We hope this can lead to profiles, essays, creative arts coverage, and so on. Anything you submit will only be used in the Newsletter with your consent and collaboration.

SFCP Board Chair Report

At this time of the year, the major work before the SFCP Board of Trustees is the approval of the next year's organizational budget. We are very fortunate to have an excellent Administrative Director and Office Manager, Marcia Hodges and Nicole Lee respectively, on our staff. They spend many hours working with the various divisions of the organization and together to develop a balanced budget to bring to the Board. Our new Board Treasurer, Rui Bao, is also involved in the process. The Board then hears a presentation about the draft budget, asks questions, makes suggestions, and ultimately votes to approve the budget. The Board will be voting on the 2024-25 budget at the June Board meeting.

Key points from the May Board meeting:

- The Bureau for Private Postsecondary Education (BPPE) application was submitted.
- The new Employee Handbook was approved.
- Rui Bao led an engaging and interactive process about how Trustees interface with SFCP's finances and budgeting. She will use the learning to inform financial reports and discussions with the Board.
- The Facilities Committee recruited an ad hoc subcommittee to review artwork on display in the building.
- The Facilities Committee informed the Board of a leak in the building roof. Bids for repair were discussed.

As a reminder, the Board of Trustees's Annual Meeting, typically held in June, will be held on September 21st this year and will be followed by a reception to welcome members to the 2024-25 academic year. You will receive announcements by email. We hope to see you there.

Thank you – as always – to everyone for contributing so much of your time, energy, mind, and heart to the continued work of SFCP!

If you have any questions or comments, please contact me at: brett@brettpenfil.com

SFCP President's Report

Congratulations to all on reaching the end of the academic year! I want to close out 2023-24 by sincerely thanking everyone involved in SFCP – volunteers and staff – for the time, energy, and thoughtful effort that you devote to the Center. I especially want to acknowledge the recipients of the 2024 SFCP Distinguished Service Awards (DSA)! All DSA recipients were nominated by SFCP members and were whole-heartedly approved by the Management Team at our June meeting. DSA Awards will be presented at the **SFCP Annual Members Meeting on Saturday, September 21, 2024 2:00 - 4:00 with reception to follow**. Please mark your calendars!

2024 SFCP Distinguished Service Awards

Ari Bachrach, NP
Neil Brast, MD
Audrey Dunn, LCSW
Genie Dvorak, PsyD
Amy Wallerstein Friedman, LCSW
Karim Dajani, PsyD
Cheryl Yund Goodrich, PhD
Maria Longuemare, MD, PhD
Henry Massie, MD
Thomas Ogden, MD
Brett Penfil, MFT, MPH
Timothy Sasaki, LCSW, MPH
Ruth Simon, PhD

In other news, procedures have been clarified regarding the new mandates for CE/CME applications, required by our accrediting organizations. Please see the [CE/CME page on the SFCP website](#) for more information.

I hope all of you have a restful and restorative summer.

*** All SFCP members are invited to join the **SFCP listserv** which is used for referrals and for program announcements of interest to our membership. Please complete [this form](#) if you are interested in being added to the group.

Diversity Equity Inclusion (DEI) Steering Committee Update

For the academic year 2023-2024 the DEI Steering Committee included Lovina Chahal, Karim Dajani, Chuck Fisher, Debora Fletcher, Marcia Hodges, Clara Kwun, Jennie Merovick, and Beth Steinberg.

Several ongoing projects include:

- Working to help SFCP develop and administer curricula that include voices that have been typically marginalized and that accurately present the history of the social within psychoanalysis.
- A Curricula Subcommittee is learning from and thinking with various SFCP programs and faculty to socialize this goal and to support faculty in locating and integrating appropriate readings and in teaching this material.
- Analyzing DEI-related incidents as the Committee becomes aware of them and is asking questions of and making recommendations to the SFCP leadership.
- Developing a DEI resources page for the SFCP website.
- Through a number of its members, actively participating in the process that SFCP is using to revise its mission statement. The Steering Committee seeks to ensure a commitment to DEI is included in the revised mission, or closely linked to it.
- Working with the Strategic Directions subcommittee on DEI and Group Experience to develop a support tool for learning and reconciliation when a racial injury has occurred.

A significant part of our DEI Consultant, David Luna's work continues to be consulting to various SFCP leaders and entities on emerging and urgent issues, and on a variety of issues that are less immediate. There is an intention to offer a weekend, in-person training next fall.

We want to share our gratitude for the work done by Lovina and Karim. They each served longer than the initial 6 month term and have decided not to continue working on the committee. The committee is in a process of reflection about how hard this work is on BIPOC members of our community. We are looking at ways to shift our culture of how we work together and inviting additional BIPOC voices to the process for the next year.

MADELEINE LANKSY, MD AND MARY-STONE BOWERS, LMFT
CO-CHAIRS, CAPPTP

Report from the Co-Chairs of the Child and Adolescent Psychoanalytic Psychotherapy Training Program

We are excited to have finished the first year of our two-year program with a stimulating and excited cohort. Our hybrid classes have allowed for students from across the nation and from other countries as well. As we prepare for year two starting in the fall, we are very interested in professionals who might like to join our committee, help our committee on specific tasks (without being a committee member), become faculty, and those who would like to assist with spreading the word about our program as we begin recruitment in early 2025 for our next two-year program starting in Fall of 2025.

NEIL BRAST, MD, TINA ST. LORANT, LMFT, AND CATHERINE PHILLIPS, LCSW
CO-CHAIRS, PAPPTP

Report from the Co-Chairs of the Palo Alto Psychoanalytic Psychotherapy Training Program

PAPPTP is pleased to announce our graduate this year, Elizabeth (Libby) Wood. Libby has a practice seeing adolescents and adults in Santa Cruz. Congratulations Libby!

Neil Brast, MD gave our graduation speech with a thought-provoking talk about, "The Right Stuff." He considered the traits and qualities to be continually developed as a treating psychodynamic/psychoanalytic psychotherapist. Thank you Neil!

Teams versus Committees

“Would you rather join a team or serve on a committee?” I asked this of a group of PAPPTP students without defining “team” or “committee.” They all said, “Join a team.” I asked why. They said, “A team is more fun.” So, as a team, we are planning a study group on social and cultural issues in psychotherapy with particular attention to safety in the group.

For a year I have had the privilege and pleasure of being on a team with Meryl Botkin, Susan Hamlin, and Mary McMillan. We are the Strategic Direction Team #1, an offshoot of the 2022 Strategic Planning process. We meet monthly on Saturday mornings for two hours. We rotate the roles of leader and notetaker. We check in with each other at the beginning and ask how the meeting went at the end. We share agenda-making and plan the next meeting. The interactions are lively, creative, and heart-felt. At the end, we feel energized and appreciative of the warm collegiality. Responsibility is shared. Everyone has tasks to do before the next meeting. We learn from each other. We’re glad to have spent the time together.

The Palo Alto Psychoanalytic Psychotherapy Training Program (PAPPTP), like too many programs at SFCP, is facing a crisis of demographics. Our committee chairs have been in place five to ten years, are in their seventies, and are wanting to pull back from their roles -- without having recruited anyone to take their places. This poses an existential threat to PAPPTP. Without adequate volunteer staffing, we may have to mothball some or all the educational opportunities we offer -- until such time as a groundswell of volunteers resuscitates PAPPTP.(As we saw with the Scientific Meetings.)

The three PAPPTP Co-chairs (Catherine Phillips, Tina St. Lorant, and Neil Brast) want to try something new: We are recommending that PAPPTP transition from a committee-based organization to a team-based structure. In a committee-based organization, responsibility resides with the committee chair, who is at risk of becoming the sole person doing the work, burning out or passing out, and not transmitting their accumulated knowledge, skills, and wisdom to others, preferably younger. In a team-based structure, the responsibility for the team accomplishing its tasks would be shared among the team members. That would afford newer volunteers the opportunity to gain experience as apprentices to the more experienced team members and gradually take on greater responsibility. And PAPPTP would be enlivened by the creativity and innovative ideas of the younger members.

Let’s see how this experiment unfolds.

SFCP Community Members - Mentoring Program!

Would you like to meet with an analyst to discuss your questions about psychoanalytic thinking and clinical work? We'd love to meet with you! The Mentoring Program at SFCP matches participants with analyst mentors to discuss the mentee's interest in psychoanalytic work.

The Mentoring Program is open to mental health clinicians at all levels of training and experience, who are SFCP Community Members, an easy and fun community to join! Mentors meet once a month with mentees for the academic year.

Examples of Topics to Discuss:

- Information, resources and literature to help a mentee explore particular areas of interest. For example: work with particular populations such as trauma survivors; current thinking about LGBTQ issues; the impact of race, class and culture on psychological life; child work; mindfulness; research about psychoanalytic process; and psychoanalytic interfaces with other fields such as poetry, literature, neurosciences
- How to choose among current activities, programs, courses, and services offered by SFCP that are relevant to the mentee's interests and stage of training
- Questions about developing as a psychoanalytic psychotherapist and about psychoanalytic training
- Connecting the mentee with colleagues who the mentor thinks might be a valuable resource based on the mentee's interest in a particular subject

You must be an SFCP Community Member to apply for this program, here is the link to become a Community Member: [update](#)

And here is the link to the Mentoring Program: [update](#)

"I'm new to private practice and was looking to get mentoring and support from someone with a deep knowledge of psychotherapy. During our initial meetings I was able to get several very practical and pressing questions answered and feel more confident about seeing clients in my new private practice setting. We discussed psychoanalytic approaches to working with parents and children, which helped me to move forward with my cases and also to consider aspects that I had not previously considered. I have a particular interest in mindfulness and my mentor put me in touch with a therapist who incorporates mindfulness into a psychodynamic therapy practice. In addition, I work with children and my mentor referred me to the Child Colloquium, where I met other clinicians and heard a very helpful presentation. I feel very fortunate to meet with my mentor as needs arise."

Matt Higgins LCSW, Community Members Mentoring Program

Contact: Holly Gordon, DMH

hollygordon4@gmail.com

COST: FREE to SFCP Community Members.

LINK TO APPLICATION: [update](#)

QUESTIONS: If you have questions about the program, please contact:

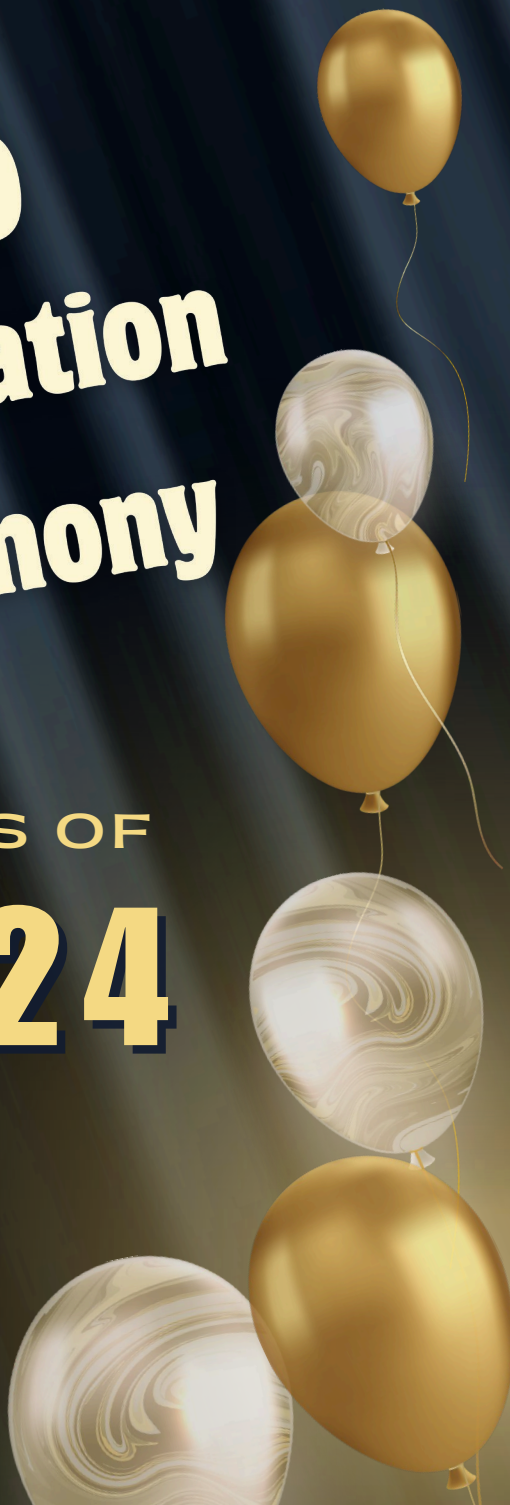
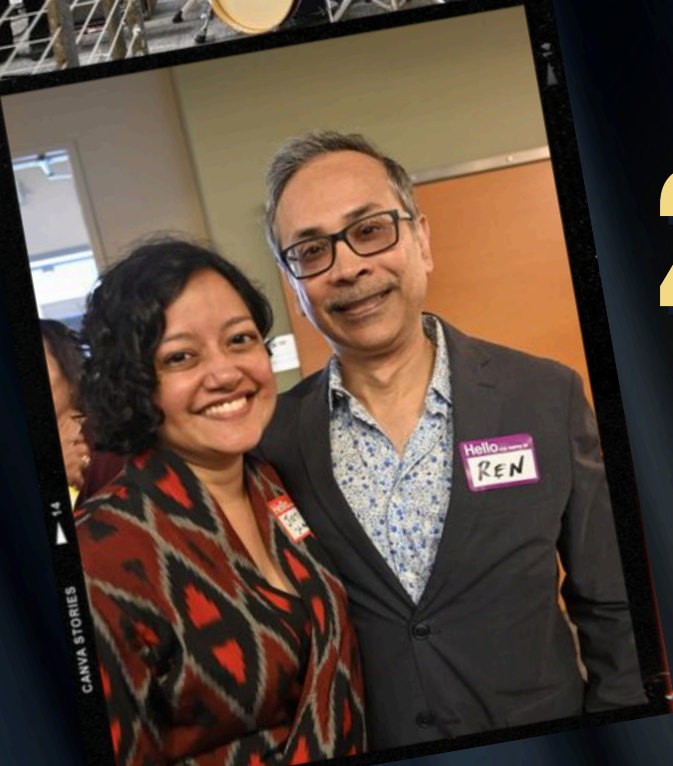
Holly Gordon, DMH hollygordon4@gmail.com

SATURDAY | MAY 11, 2024

**THANK YOU FOR
CELEBRATING AND
ATTENDING SFCP'S**

**PED
Graduation
Ceremony**

**CLASS OF
2024**







SFCP'S ANNUAL MEETING DATE CHANGE



SFCP's Annual Business Meeting — usually held in June — has been moved to September. Come learn about the organization's plans for 2024-25, participate in discussion, and welcome each other to the start of the new academic year. We look forward to seeing you!

444 Natoma Street, San Francisco, CA 94103

SEPT

21st

2024

2PM - 5PM

SFCP Library

For any inquiries, you can also contact the librarian, Rashmita Sriram, at rashmita.sriram@sfcpl.org. She will be happy to assist you with any questions.

CLICK [HERE](#) TO ACCESS THE LIBRARY'S HOME PAGE.

If you have any outstanding or overdue materials checked out from the SFCP Library, please return them to the library at your soonest convenience!

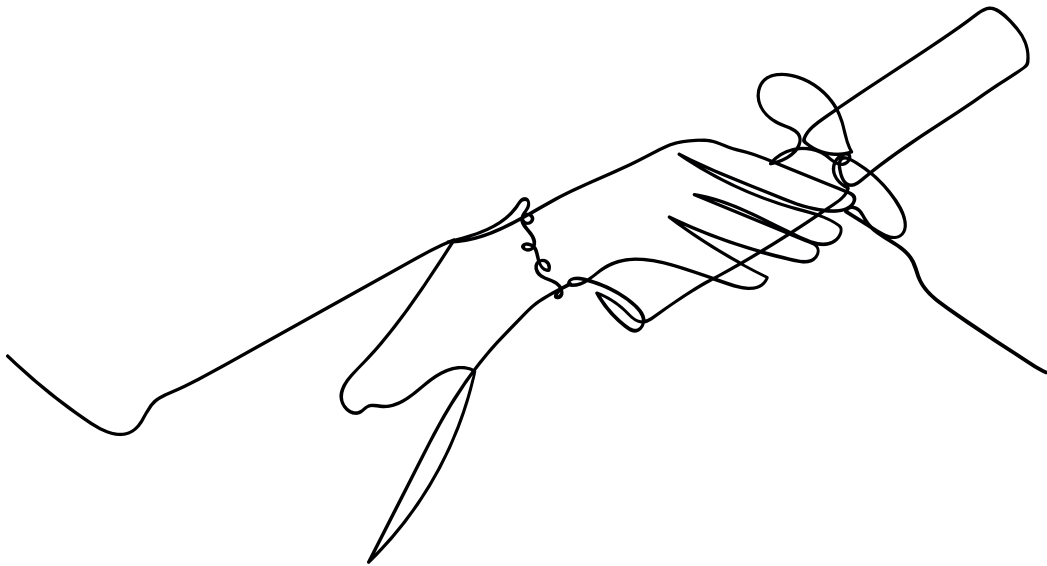
The SFCP Library is committed to fostering inclusivity within our community. Whether you have questions about our services or archives, we invite you to visit our reference desk on Fridays from 10am to 2pm. We strive to create a welcoming environment where everyone's needs are met.

The SFCP Library proudly observes LGBTQIA2S+ Pride Month, an annual commemoration of LGBTQIA2S+ achievements and contributions to local, national, and international history and culture.





CONGRATULATIONS TO OUR
GRADUATING
2023-2024
PPED GRADUATES



JACK BUCHANAN, MD, PHD

Through PPTP, and with special thanks to my supervisors David Sutherland, Katherine Straznickas, and Kathy Waller, as well as to Adam Goldyne for integrating PPTP into our residency program at UCSF, I have developed a profound new way of making meaning that has deeply enriched both my work with patients and my fundamental understanding of the world. I am extremely fortunate to carry these insights into my next professional chapter: partnering with a co-resident to open a psychiatric practice in San Francisco. In this new venture, I will continue to practice psychodynamically-informed psychotherapy, provide medication management, and eventually offer psychedelic-assisted therapies.



KATHARINE HATCH, PHD



Katie has been in private practice in San Rafael since 2012, specializing in women's reproductive mental health (infertility and family building, pregnancy-related and postpartum issues, perinatal loss) and working with adults for general therapy issues. She is also affiliated with MarinHealth, leading a postpartum support group and a class on supporting couples with the transition to parenthood. Prior to opening a private practice, Katie worked in university counseling

centers as a supervising staff psychologist and previously for her pre- and post-doctoral training. She received her Ph.D. in Counseling Psychology from the University of Texas at Austin in 2005.

Having been steeped in short-term models of, and approaches to, therapy during her earlier training and counseling center career, Katie found PPTP to be powerful - even transformational - in how she thinks about and approaches therapy. Katie is grateful to her PPTP instructors, classmates, and supervisors for deepening her understanding of psychoanalytic theory and practice in myriad ways. A heartfelt thanks, in particular, to supervisors Kathy Waller and Daphne de Marneffe for their wisdom, compassion, and patient and ongoing translation of psychoanalytic ideas into Katie's clinical work, and world in general.

BHARAT SAMPATHI, MD

It is truly a bittersweet experience to reflect on my time as a PPTP trainee. Tuesday evenings were a place of stability and joy for me and I had the privilege of learning from amazing faculty members alongside brilliant, enthusiastic, and supportive colleagues. Being part of this training program has not only allowed me to deeply explore the art of psychodynamic psychotherapy, but it has also cemented my desire to approach psychiatric care through a psychodynamic lens. I would like to thank the SFCP leaders, the PAPPTP PAPPTP fellowship instructors, the PPTP instructors, my supervisors, my mentor, and my colleagues, among others, for cultivating an environment that has allowed me to grow towards being the psychiatrist I wish to be.

I currently practice in both a county clinic and group private practice setting, and I look forward to continuing to approach clinical care psychodynamically. Prior to my current work, I obtained my medical degree at the University of California, Irvine School of Medicine and completed my adult psychiatry residency training at Kaiser Permanente of Northern California.



REBECCA SHAPIRO, MA



Rebecca Shapiro, MA, is a PsyD candidate at the Wright Institute with a private practice in psychoanalytic psychotherapy in Oakland where she sees adults and couples. She trained at RAMS and will complete her internship through the Wright Institute's Integrated Health Psychology Training Program. Her dissertation research considers the impact of culture on impasse situations in psychoanalysis, integrating the interpersonal-relational enactment literature with Jose Bleger's theory of symbiosis. She has a B.A. in Religion from Reed College.

ANNIE SHEARER, MD

Annie Shearer, MD is a fourth year psychiatry resident at UCSF (will graduate at the end of June 2024!). She is going to do a consult-liaison (CL) psychiatry fellowship next year but will continue to see some psychotherapy patients, and hopes to make psychodynamic psychotherapy a part of her long-term practice. She enjoys working with queer patients in particular. She has two cats named Nessie and Calypso.



SOE THEIN, MD



I am completing my child and adolescent psychiatry fellowship this year and plan to move to NYC afterwards to be closer to my family. Reflecting on my journey, I am profoundly grateful for the enriching educational experience I've had at PPTP. My classmates and I have become quite close over a short span of two years. It was a privilege to hear their clinical work and share mine in case conferences. They made the learning experience tender, lively and most importantly safe. For that, I want to express my heartfelt appreciation to Cheri, Mia, Anokh, Genise, Karina and Jack. I am also grateful for PPTP faculty for their time and willingness to take our feedbacks. The last but not least, I also like to thank my supervisors Clara Kwun and Dr. Chris Larsen for their warmth, empathy and wisdom.

ELIZABETH WOOD, MFT

A heartfelt thank you to everyone I've come to know at SFCP-PAPPTP.

I feel so fortunate to have experienced both the PAPPTP Fellowship Year and Two-Year Programs. What a wonderful, warm, and wise community that I have been welcomed in to. I hope to continue cultivating the connections with my teachers, advisors, mentors, and my cohort. The meaningful experiences here have transformed me and



enlivened both my career and personal journey. It has been exciting and humbling to apply the teachings and heartwarming discipline I have gleaned from you all. Much gratitude for my consultants - Ann Martini and Drs. Schneider and Birkhofer. I hold so much admiration for you.

This program has been a launching pad for my ongoing pursuit to learn as a PhD student in depth psychology and in my psychoanalytically-oriented private practice in Santa Cruz. I have a newly formed foundation for analytic thinking and relational attunement, and aim to further develop my understanding of this theoretical orientation and its many facets.

All of you have bolstered my ability to connect so thoughtfully with my patients.

I look forward to my continued involvement with SFCP and PAPPTP.



THANK YOU

for celebrating and attending SFCP's

PPED Graduation!

June 1, 2024





Annual Giving Campaign Update!

Our 2023-2024 Goals

1. RAISE \$130,000
2. EARN THE SUPPORT AND PARTICIPATION OF **ALL** SFCP MEMBERS
3. INCREASE THE NUMBER OF PARTICIPANTS FOR OUR IN-PERSON FUNDRAISING EVENTS

June Update

WE MET OUR MATCH! SO FAR WE HAVE RAISED **\$99,733.90!** THAT IS 76.7% OF OUR GOAL.

WE ALSO HAVE 21.7% OF OUR MEMBERS' PARTICIPATION!





THE ENRICO JONES FUND FOR EQUITY AND EQUALITY



70 people of color received
tuition credits since 2021

- 15 students received tuition credits in 2021
- 25 students received tuition credits in 2022
- 30 students estimated to receive tuition credits through June 2024

Join Us!

Please join us by making your contribution now online, by mail or by phone. Our members' participation in this effort has been excellent, but we need a continuing effort to aid our organization to achieve the diversity of members which we desire. All contributions help!

WAYS TO DONATE

ONLINE:

<https://www.sfcps.org/s/enrico-jones-fund>

BY MAIL:

444 Natoma Street
San Francisco, CA 94103

BY PHONE:

(415) 563-5815

A recipient told us:

"I strongly believe that as a psychoanalytic community, we all benefit from the Enrico Jones Fund's implicit and explicit recognition of the painful racism in our community in need of acknowledgement and repair. And for that I am the most grateful."

Contributions

- FY2021: 12 donors, \$28,200
- FY2022: 42 donors, \$40,600
- FY2023: 36 donors, \$46,600

Total number of donors: 67

**Please note that repeating donors were counted once.*

Member Announcements!

Recently Retired? Big Anniversary?
Special Announcements? Milestones?

A Member's Passing?

We want to acknowledge our members' milestones, achievements, and other announcements! Please email nicole.lee@sfcpc.org if you want to share your news so that we can post it in the newsletter!



The Psychotherapy
Institute [TPI]
Spring Symposium
Presents

The State of the World

*Facing our Brutality &
Discovering Our Humanity*

In Conversation

Paula Christian Kliger, PhD



Era A. Loewenstein, PhD



Saturday, June 22, 2024

HYBRID

David Brower Center and Live Streaming

We have an increasing awareness of the violence that is plaguing the world. Social and news media bring reports of death tolls, destruction, and wide-spread human suffering to our daily attention causing us continuing concern, anxiety, and trauma.

To help us deepen our experience and traverse this global landscape, understand our triggers, and increase our capacity to respond, Era A. Loewenstein and Paula Christian Kliger will model bearing witness to on-going conflict and violence. Their teachings aim to help us to enhance our capacity to be in relationship with people from different racial, cultural, and political backgrounds during a time of considerable social fragmentation, adversity, and tribalism.

To learn more and register visit our website at:

<https://www.tpi-berkeley.org/continuing-education/course-list>



NEW ENGLAND FOUNDATION
FOR PSYCHOANALYSIS

February 24, 2024

Board of Directors

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www.NEFP.us

11 Gilson Road
Wellesley, MA 02481

Dear Marcia,

We would like to introduce ourselves. The New England Foundation for Psychoanalysis is a 501c3 Public Charity based in Massachusetts. We recently received a generous bequest which enables us to give modest grants. We are contacting you to let you know that we are encouraging you to submit grant requests.

The bequest comes with the stipulation that the grants must be made for interdisciplinary psychoanalytic projects, programs and research. The grants can only be given to non-profit organizations. We hope that these grants will encourage the integration of evolving psychoanalytic principles with the arts, humanities and the sciences.

Please visit our website, www.nefp.us, for more information and for the grant application. The website includes descriptions of the recent grant recipients. Joint programs between Institutes and outside organizations will be given preference. For this year (2024) we will accept grants on a rolling basis.

We realize that this is a new and somewhat novel program, so please contact us directly with any questions you have about these grants or the grant process. We are happy to collaborate with you on your grant application. Email is the best way to reach us: NEFPpsychoanalysis@gmail.com

Sincerely,

The NEFP Board